The Society Hill Civic Association (SHCA) will host its General Membership Meeting on May 16 at the Pennsylvania Hospital’s Zubrow Auditorium. The first item on the agenda is the annual election of SHCA officers and directors. See the complete slate of nominees below.

**Slate of Proposed SHCA Officers and Directors**
- President: Rosanne Loesch
- 1st Vice President: Martha Levine
- 2nd Vice President: Mary Purcell
- Treasurer: Woody Rosenbach
- Secretary: Camille Orman
- Director at Large #1: Mary Tracy
- Director at Large #2: Lisa Unger
- Director at Large #3: George Kelley
- Director at Large #4: Bob Kramer
- Director at Large #5: Claudia Carabelli
- Director at Large #6: Bill Jantsch
- Director at Large #7: Ben Speciale
- Director at Large #8: Madeline Miller
- NE Quadrant: David Rucki
- NW Quadrant: Amy DeMarco
- SE Quadrant: Joe Dillon
- SW Quadrant: Kim Williams
- SE Quadrant: Barbara Gelman

Fortunately, John Gallery, the speaker for the canceled March General Meeting, is able to join us for our May meeting. This well-known historic preservationist and long-time former head of the Preservation Alliance will present a PowerPoint on his new book: the fourth edition of *Philadelphia Architecture, A Guide to the City*. You may purchase a copy and have it autographed after the meeting.

Everyone is invited to attend. Simply arrive at the auditorium, located on the first floor inside the main entrance at 8th Street near Spruce before 7:30 p.m. Light refreshments will be served.
The views set forth in the opinion articles are the views of the authors and are not necessarily those of SHCA.

Submissions
If you have news that would be of interest to Society Hillers, email Sandra Rothman at sandra.rothman@aol.com. Materials must be submitted in writing and include the name of a contact person. Edited submissions will be considered for publication if space permits. Letters to the Editor must be signed, with contact information.

SHCA Mission Statement
The aims and purposes of SHCA are: to promote the improvement of the Society Hill area of Philadelphia, including its cultural, educational and civic activities, and the preservation and restoration of its historic buildings; to represent the residents of Society Hill in matters affecting the City of Philadelphia generally and Society Hill in particular; and to interpret the value and significance of Society Hill to the public.

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Condominium Representatives
Recording Secretary
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Society Hill Civic Association
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Website
Find past issues in color at www.societyhillcivic.org.

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The Award-Winning Society Hill Reporter

The views set forth in the opinion articles are the views of the authors and are not necessarily those of SHCA.

Submissions
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We have lots of news for May and June. Most importantly, Society Hill has two community events coming up this spring: our annual Open House & Garden Tour and the Washington Square Affair! Both events, sponsored by SHCA, are great fun and benefit our community. Proceeds from the May 20 Open House & Garden Tour help pay for the good works our association does to make our neighborhood a great place to live. The June 6 Washington Square Affair supports the work that the Independence National Historical Park Service does for the beautification and maintenance of historic Washington Square Park.

I have often gone on the house tour and am always fascinated by the wide variety of homes in our neighborhood, from historic townhomes decorated with a contemporary flair to condominiums displaying antiques and beautiful views. The eclectic gardens, too, are inspirational.

The Washington Square Affair is a garden party that never disappoints. Meet up with fellow residents of Society Hill and enjoy delicious food donated by generous area restaurants. I hope that you can attend one or both of these neighborhood events.

On other fronts, our community is faced with a proposed big change to the configuration of Spruce and Pine Streets (see page 7). Our Complete Streets Committee and Board have been working hard to analyze this proposal, bring you information and advocate for the safest and best outcome for all of our stakeholders: pedestrians, cyclists, motorists and transit users.

As you may know, our March General Meeting was cancelled because of a snowstorm. The May speaker will be John Gallery, well-known historic preservationist and long-time former head of the Preservation Alliance. He will be discussing his new book, the updated edition of Philadelphia Architecture, A Guide to the City. John reveals in a fascinating interview on the Hidden City website, www.hiddencityphila.org, the extensive selection process he used for choosing the most noteworthy new buildings included in the book.

Finally, the Delaware River Waterfront Corporation is bringing the tall ships to our waterfront over the Memorial Day Weekend. It should be a splendid visual spectacle that you won’t want to miss!

Rosanne Loesch is an attorney and former president of SHCA. She, her husband and two children have lived in a historic house on Spruce Street since 2002 and, before that, lived for 14 years in the Washington Square West neighborhood.

Did You Know...

Your SHCA membership dues pay for graffiti removal, which helps keep Society Hill clean and beautiful. If you see graffiti on public property, take a photo and forward directly to todd@graffitiremovalexperts.com. For removal on private property call 311 or 215-686-8686.

SHCA is committed to a graffiti-free neighborhood.

Society Hill List of Contractors

“It’s like gold,” said one long-time resident. One more reason to join SHCA: On request, you may have our 14-page List of Contractors mailed to you. It’s filled with contractors of all kinds, plus some services.

To receive a list, contact us at: marthalev6@gmail.com or 215-629-0727.

Sorry, not available online.

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Sweep Away Winter and Welcome Spring

Join your neighbors on Saturday, May 12, for SHCA’s annual Spring Clean-Up Day. This snowy winter has left us with lots of sodden trash and debris that needs addressing before crowds fill our streets for the Open House and Garden Tour on May 20. It’s also a perfect time to check sidewalk bricks and tree pit enclosures for necessary repairs.

We ask you to sweep around your house and on your block. Remember to get those gutters cleared, as well as nearby walkways and alleys, before the city’s sweeper trucks come, sometime between 8 a.m. and noon.

All streets will be swept from Front to 8th Streets and Walnut to Lombard Streets, not including Walnut. To accommodate synagogue services, the 300 to 500 blocks of Spruce and Lombard will be swept by 8:30 a.m. Consider getting a head start with your cleaning on Friday evening, as the sweeper trucks start as early as 7:30 a.m. on Saturday morning.

Remember, wherever posted, cars must be moved to the opposite side of the street after 6 p.m. on Friday night or else be ticketed on Saturday morning, beginning at 8 a.m. There will be no parking on either side of the 300 to 400 blocks of Front Street. This also applies to the 200 to 300 blocks of South 2nd Street and Lawrence Court.

SHCA’s Clean-Up Day volunteers will provide trash bags at the South 5th Street Acme, from 8 a.m. until noon. Your bagged street leaves and litter should be left by 12 p.m. at the major intersections of Locust, Spruce, Pine and Lombard Streets, as well as Three Bears Park. Bags are for street leaves and litter only — no household trash!

Electronic Recycling and Paper Shredding

SHCA is again sponsoring electronic recycling and paper shredding services, thanks to State Representative Michael O’Brien. Recycling trucks will be parked in St. Peter’s School parking lot, 3rd and Lombard Streets, from 10 a.m. to 1 p.m. or until capacity is reached. Electronic recycling will take anything with a plug, except any type of television or monitor. Neighbors can take these to Best Buy on Delaware Avenue for recycling. The trucks will also not take large appliances like refrigerators or washing machines. If you use this special service and aren’t yet an SHCA member, please consider joining SHCA. Simply fill out the form on Page 29 or online at www.societyhillcivic.org. Any questions? Call Matt Delullo at 215-629-1288.

“PULSE” is the Center City District’s $55 million renovation of Dilworth Park, located on the west side of City Hall, which was begun in 2014 and is a destination for more than 30,000 people each day. It is an innovative work of public art designed by internationally recognized sculptor Janet Echelman, who was inspired by the site’s historic associations with water and transportation. “Pulse” is embedded in the park’s amazingly large fountain and traces above ground in real time the movement of the three subway lines below in four-foot-tall curtains of mist in the orange, blue and green colors associated with each train line. The mists move across the fountain, evoking the steam from the city’s first water-pumping station located on this site, as well as the steam from the trains at the Pennsylvania Railroad that once stood across the street. The mists are visible by day and glow at night. Echelman describes it as a “living X-ray of the city’s circulatory system.”

“PULSE” is programmed year-round with events and activities for all ages.

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Washington Square Bartram’s Garden
Philadelphia Cricket Club

All Gloria Dei’s venerable trees remained standing in Hurricane Sandy, preserving the historic graves below.

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Possible Changes to Pine and Spruce Streets

As many of you know, the City is planning to make significant changes to Spruce and Pine Streets, from Front to 22nd Street. SHCA has concerns about some aspects of these changes. Our Complete Streets Committee has been working hard to understand the City’s plan, to ask questions and to attempt to obtain enough data to analyze whether, in terms of safety, the pros outweigh the cons. Our efforts are continuing.

**OTIS’s plans**
The city’s Office of Transportation and Infrastructure Systems (OTIS), led by Deputy Managing Director Mike A. Carroll, P.E., plans to flip the lanes on Spruce and Pine Streets — placing the bike lanes on the left side and the parking lanes on the right. The travel lane would remain in the middle. The proposal includes between three and six delineators at the end of various blocks. The striping on the bike lanes would be much improved, including continuing the painting through the intersection.

OTIS asserts that left-side bicycle lanes increase the ability of drivers, especially of large vehicles, to see bicyclists turning left because motorists have smaller blind spots on the left-hand side. There’s also a benefit, generally, to putting the bike lane on the opposite side of the street from bus stops, although in our neighborhood, which is the only location on Spruce and Pine Streets with buses, there has not been a safety problem with bikes and buses, at least historically. Our vehicular speeds are relatively slow.

The plan would also affect parking in Society Hill. Due to the physical details of each block, including the bus stops, our neighborhood would see a net decrease in the number of on-street parking spaces. Please see our website for a detailed description of the impact to your block.

**What’s our concern?**
The proposal to flip the lanes has pros and cons. According to published experts such as the American Association of State Highway and Transportation Officials, “On one-way streets, bike lanes should normally be on the right-hand side of the roadway. A bike lane may be placed on the left if there are a significant number of left turning bicyclists or if a left-side bike lane decreases conflicts, for example those caused by heavy bus traffic, heavy right-turn movements (including double right-turn lanes), deliveries or on-street parking.” This is why the missing data is important.

One of the cons is the danger posed to cyclists on the left side when making right-hand turns because, to do so, they must traverse a travel lane and possibly a turning lane or a bus. As to whether this simply mirrors the same degree of risk currently facing right-side bicyclists turning left, we do not know, because there is an absence of data, such as “turning movement counts.” To use Spruce Street as an example, if more cyclists are taking right turns — to go to the business district, Rittenhouse Square, or other popular destinations — then putting the bike lane on the left means that more bicyclists than at present would be traversing lanes to make turns. The same concept is true for Pine Street. Unfortunately, OTIS hasn’t been able to provide these data to us.

Similar counts need to be taken of motor vehicles and the speed of the turns is relevant. Other data should also be collected and shared.

Another concern is that motorists would be getting in and out of their cars by having to step into the travel lane. When we raised this issue with OTIS, we were told that OTIS believes there is no increased risk to drivers exiting their cars.

In sum, there are pros and cons to the plan but, without the missing data, there’s no way to know whether our streets would be safer, or less safe, even for cyclists.

**How are we approaching this?**
We have had two meetings with OTIS in their office. OTIS has also had two public open houses, and we had a presence at both. At the second open house for our part of town, which many of you kindly attended, we had our own easel with our concerns, and we handed out flyers to some in the crowd, many of whom shared our concerns.

We are also in contact with our Councilman Mark Squilla. As of press time for this edition of the Reporter, he has yet to take a position on this matter.

We are also circulating petitions throughout Society Hill. Please contact your block coordinator if you would like to sign the petition.

We have placed a considerable amount of materials onto a dedicated part of our website: societyhillcivic.org/completestreets, including a copy of the 63-page Complete Street study that we commissioned from our consultant, Howard Stein Hudson, a nationally recognized transportation planning firm. The study contains 13 recommendations to improve safety for all users of Spruce and Pine Streets.

Thank you to everyone for all your questions and concerns. We will keep you posted both on the process and our efforts.
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We all lead very busy lives filled with commitments to work, school, friends and family. Sometimes finding the time to volunteer can seem quite daunting. You, therefore, may want to keep in mind “The Happiness Effect” that comes from giving. As much as volunteering contributes to whichever group you support, you receive that much more in return. It can keep you mentally stimulated, help combat depression, open up new lines of social connection, reduce stress and even provide a sense of purpose. If you can find a way to volunteer doing something you love, that really makes it a win-win.

Local schools, hospitals, religious groups and civic associations always have opportunities. Responding to news articles or cold calling organizations can be another way to connect. Here are just a few of the many interesting volunteer opportunities in our area.

Green Thumb?

If you love to garden and haven’t yet discovered Greensgrow Farms, you’re in for a treat. A jewel of an urban farm, located just three miles from Society Hill, Greensgrow Farms offers a little of everything for those of us who like to get down and dirty. Where else can you find seasonal plants, hydroponic gardening, a farmers’ market, an assortment of pots and gardening accessories and even a few farm animals? Be sure to check out the pig — photos okay, but no touching. If you’d like to make a pallet garden, an empty pallet is yours for a $5 contribution for chicken feed. The staff is refreshingly helpful, knowledgeable and friendly.

Volunteers are needed to help the farm and nursery staff and to work in the kitchen, at the farm stand and at clean-up days and fundraisers. Those with skills in videography and construction are also needed.

2501 E Cumberland Street, Philadelphia, PA 19125
215-427-2780 ext. 5
www.greensgrow.org/get-involved/volunteer/

Feed the Hungry

Perhaps not everyone is aware that the people lined up on the 300 block of Pine Street early every Saturday morning are there for our local food bank. The Food Cupboard at Saint Peter’s Church started in 1987 after someone knocked on the church doors asking for food. It’s grown to provide free groceries to an average of 180 families each week. More than 100 volunteers keep it up and running.

Help is needed weekday afternoons to unpack, sort and organize items. On Saturday mornings volunteers prepare and serve food. The Mobile Food Cupboard also needs help early on Saturdays to make deliveries, in their van, to under-served neighborhoods. The ability to interpret Mandarin and Cantonese is a plus.

Contact Food Cupboard Manager Ben Bookman foodcupboard@stpetersphila.org

Share Your Love of Books

If you’re a bibliophile, there’s no better place to direct your energies than the Free Library of Philadelphia. It offers a multitude of volunteering opportunities at Parkway Central Library, as well as the many neighborhood branches.

Shelving helpers, senior computer tutors, English language facilitators and collection-care assistants are needed. Volunteers are needed at author events, as are book readers for audiotape, tour guides, gadget gurus, job readiness computer tutors and people to help with library beautification.

libwww.freelibrary.org/programs/volunteer/
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Have a Soft Spot for Our Furry Friends?

Animal lovers have their choice of shelters and rescue groups in the Philadelphia area, but none are as large or comprehensive as the Pennsylvania Society for the Prevention of Cruelty to Animals (PSPCA). Founded 150 years ago to address the poor treatment of working horses, it now provides care to dogs, cats, ferrets, rabbits, birds, reptiles and even farm animals. In addition to the typical shelter, the PSPCA houses a veterinary clinic, shelter hospital and an intake area for victims of cruelty and neglect. They provide humane education programs in Philadelphia schools. The Humane Law Enforcement Officers (Animal Cops) also work out of the PSPCA. There are volunteer opportunities in animal care and training, education, laundry, fundraising and paperwork. Volunteers must participate in two and a half hours of orientation classes before handling animals. Fill out an online volunteer application to get started.

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Claudia Carabelli serves SHCA as a director at large.
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The Second Bank of Philadelphia

As a Philadelphia tour guide, I often talk about “Freeman’s five tips for studying history,” which come from Yale history professor Joanne Freeman. One of her tips is to remember that the founders were real people. You might ask if the cost of a course at Yale shouldn’t include something more profound than this obvious and mundane piece of information, but she includes it for reason. We are too easily lulled into confusing the bronze statues and the faces carved into mountains with those human beings who walked around these streets centuries ago. This is one of the reasons you should visit the Second Bank of the United States on Chestnut Street between 5th and 4th, just steps from Independence Hall.

Here you’ll find Independence National Historical Park’s portrait exhibit titled “People of Independence.” Most of the 195 pieces of art are portraits done by Charles Willson Peale for display in his museum that occupied Independence Hall from 1802-1827, after government operations had ceased there.

Peale’s museum combined natural and social history to help educate citizens, who would learn about their society from animal and mineral specimens, fossils — including a fully articulated Mastodon skeleton — and portraits of notable people. Through studying nature as well as the leaders in business, politics, science, military, law, education and society, visitors could themselves become virtuous, enlightened owners of a republic, at a time when, the exhibit text tells us, “Americans were inventing and testing an idea of a nation of ‘united states.’”

The paintings are still here, and the exhibit’s layout allows you to meet these people up close and personally. They are not grouped with all the military men here, all the presidents there and a row of inventors along the wall. The portraits are mixed together on purpose because that is how people relate and congregate. Lewis is not displayed next to Clark. George is not displayed next to Martha.

Giant prints of 18th-century Philadelphia streetscapes form a backdrop to suggest that you are walking around town in their world, and these are the people you would be meeting. They become an introduction to how society in a particular time in history. Your task is to wonder about how they interacted and how they collectively handled the complexities and challenges of their society. You need to use your imagination to recreate a reality that is centuries’ old.

The Nation’s Financial History

The building itself can speak to us about our financial history, because it is the material continuation of Alexander Hamilton’s vision that began with legislation chartering the First Bank, which still stands across from the Museum of the American Revolution. In fact, fundraising has begun to open it for visitation.

After the charter expired, Congress created our Second Bank in 1816. The Greek revival building, inspired by the Parthenon, was designed by architect William Strickland and completed in 1824. He also created the replacement steeple for reason. The notion is to build the future by visiting the past. There is an exciting special treat at the Second Bank. The Park’s collection of “Birch’s Views” has been placed on display for the first time in many years. You should not miss these 24 hand-colored prints of Philadelphia street scenes done in 1800 by William Birch and son. Lovely in their nuanced colors, fascinating in their details and even a bit amusing in their slightly primitive execution, they make a stunning impact displayed together in one room. Even if you have visited the bank in the past you need to return for these prints. They are your sankofa portal through time and “back to the future.”

If you go: WARNING. Due to budget reasons, the bank has limited hours that change with the season. In May, it is open Wednesday through Sunday, 11 a.m. to 5 p.m. Admission is free, and no tickets are required.

The Second Bank was know as the “Custom House” when this postcard was mailed in 1913.

Al Cavalari is a certified member of the Association of Philadelphia tour Guides and gives tours as a volunteer for the National Park service. For a day job he operates the Flag Guys®, a flag business in upstate New York. Send comments to Al at flagguys@aol.com.
**Best of the Eastern Shore!** Beverly sits on a high point w/1200’ of shoreline near Saint Michaels. You’ll love the spectacular 9000+ s.f. main house, deep water dock, & guest house on 8 acres. Total of 6 garages! $4,900,000.

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**Present this ad at your 1st session & your 2nd session is FREE.**
As the weather warms, here are some important tips in caring for the trees that make our neighborhood so desirable.

- **Weed and cultivate:** Loosen the soil surface around the tree to encourage water and air to enter. If the surface is compacted, loosen the first few inches of soil and break up large clumps. Avoid damaging any large woody roots.

- **Mulch:** Spread a three-inch deep layer around the tree pit, leaving an open ring around the trunk. Mulch should not touch the bark. This could cause fungus damage. Mulch conserves water, controls weeds, moderates soil temperature, lessens dog urine damage and nourishes the tree.

- **Water, Water, Water:** Newly planted trees need 15 to 20 gallons a week. Trees one to three years old need eight to 12 gallons a week, and mature trees need six to 10 gallons weekly. A slow drip is best. Flat circular doughnut-shaped bags are better than the conical-shaped tree gator bags, which can harbor insects and contribute to growth of harmful bacteria and fungi.

Questions? Contact the volunteer Tree Tenders of Society Hill at laura_lane_devoe@yahoo.com.

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**'FIX THE BRIX'**

**By Martha Levine**

Could a fall on our uneven sidewalks cause serious injury? Maybe yes! That’s why we ask you to check your front sidewalk and see if it’s level. House owners bear the burden of keeping their sidewalks safe for others. It’s our responsibility as homeowners — the City says our property extends from our houses to the curb and that includes trees.

Sidewalks, both brick and cement, have a nasty habit of moving due to tree roots, settling, and wear and tear. SHCA offers a great subsidy program called “Fix the Brix” to assist you in repairing your sidewalk. We offer a subsidy of 40 percent of your invoice for repairs up to $400 for SHCA members and $300 for non-members. Over 200 households in Society Hill have taken advantage of the subsidy.

Caveat: Avoid using Belgian Blocks or high bricks for your tree pits, as they can be a tripping hazard.

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<thead>
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<th>Right</th>
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<td>Mulch should not come in contact with the trunk.</td>
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**Here’s how it works:**

- Participants in the program will receive a subsidy of 40 percent of the total invoice for the leveling of their sidewalks, brick or cement. Current SHCA members receive up to $400; non-members receive up to $300.

- **First take a “before” photo of your problem sidewalk** and email it to me at marthalev6@gmail.com.

- Choose a mason (or arborist) to do the work. We can provide a suggested list if needed.

- When the work is completed to your satisfaction, **make a copy of your paid invoice** and mail the original to us at: SHCA, P.O. Box 63503, Philadelphia PA 19147. If possible, include a copy of your cancelled check.

- A check will be sent to you within several weeks.

For more information on this program, go to our website at societyhillcivic.org and click on “Fix the Brix.”

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The Society Hill Civic Association is pleased to announce that you are invited!

Join us under the tent on Wednesday, June 6, 2018, for the 5th Washington Square Affair to benefit Washington Square. Everyone is invited to enjoy a festive evening with friends and neighbors to celebrate this jewel in our historic neighborhood. This tented event will be held in the Square from 6 to 9 p.m. The Affair will feature gourmet delicacies from area restaurants and caterers, along with wine, music and entertainment.

All proceeds from the Affair will be used for maintenance, beautification and restoration projects in Washington Square. SHCA and its volunteers help keep the Square beautiful for visitors and residents.

Washington Square is part of the Independence National Historical Park (INHP). Over the years, SHCA has worked with INHP to refurbish the fountain and to restore the guard houses. In 2016, SHCA, in cooperation with INHP and the donated design services of The Olin Studio, totally rehabilitated the landscaping around the memorial and fountain areas. Your support and generosity will ensure that this kind of maintenance and beautification of the park will continue. Visit www.societyhillcivic.org for more information and to buy tickets online.

Think you’ve seen every house in Society Hill? You would be surprised.

Although many of our houses look similar with their ubiquitous red brick facades, in contrast, every house interior here is totally different. Some are of the period; others can be ultra contemporary. What a surprise behind each door!

The tour is a great chance to appreciate some interesting interiors never seen before. Tour Coordinators Linda Skale and SHCA Vice President Martha Levine, who have organized this event since 2000, say, “People get really excited to see the new selection of homes each year. Some attend to see the historic houses and others to get decorating ideas for their own homes. Many come from the Philadelphia and New Jersey suburbs to see how we city folk live.”

“Dining With Discounts” will be back this year. Five local restaurants offer a 15 percent discount to tour ticket holders. Make it a day, with a tour followed by dinner!

Mark your calendars and don’t miss it this year. All proceeds go to SHCA and are used for neighborhood programs that help make this a great place to live, like “Fix the Brix,” graffiti removal and Tree Tenders’ tree pruning.

Volunteers help make the tour go smoothly.

Three ways to buy tour tickets:
• Visit societyhillcivic.org and click on Open House & Garden Tour.
• Call SHCA at 215-629-1288 or email mattedejulio@aol.com.
• Purchase tickets on tour day at Old Pine Community Center, 401 Lombard Street.

When: Sunday, May 20, 1-5 p.m.

Ticket cost: $35 per ticket in advance $40 per ticket at the door

Payment: VISA, MC, check Cash accepted at the door.

Group discounts: $5 per ticket discount for groups of five or more.

Students: $20 per ticket

• Enjoy complimentary light refreshments.

• Rest rooms available.

• Comfortable shoes highly recommended.

Patrons enjoying the 2015 Washington Square Affair.
Out and About

Greenways and Pocket Parks

Society Hill’s lovely greenways and charming pocket parks provide a welcome respite from the bustle and noise of living in the heart of the city. We owe a debt of gratitude to the genius of noted urban planner Edmund Bacon, as well as the talent of renowned landscape architect John F. Collins, FASLA.

In 1958, the Washington Square East Renewal Plan began the revitalization of our deteriorated community. Ed Bacon realized that removing incompatible, dilapidated structures would leave gaps in the neighborhood fabric. Instead of filling these holes with new buildings, he proposed tying them together into a network of greenways that ran through whole blocks.

Bacon once explained the processional element of this system: each time a pedestrian comes to a destination, he or she turns 90 degrees and heads for another landmark. Ed had come across this orientation scheme in China, where there is an ancient belief that by constantly changing direction, people can shake off any evil spirits that may be following them.

John Collins was hired to design the landscape. He added richly patterned brick sidewalks and walls, alleys, benches, trees and site-specific light standards and bollards. These, combined with small courtyards, pocket parks and outdoor sculptures, help tie together the unique blend of historic and modern architecture. Collins used only plants and materials found naturally in the Philadelphia area. His work reflects an understanding of human behavior and how design can incorporate this knowledge.

Bonnie Halda is a freelance photographer specializing in historic buildings and the urban environment. She’s also a historical architect with the Northeast Regional Office of the National Park Service.

Enjoy the greenways as you stroll through our neighborhood on May 20 for The SHCA Open House and Garden Tour.
As Associate Director of Community Food Systems at The Food Trust, Deb Bentzel’s plate is very full. Not only is she in charge of running The Food Trust’s Farmers’ Markets in and around Philadelphia, she also spearheads the organization’s Farm to School and Farm to Early Childhood Program initiatives. “I’m responsible for helping to create connections between local farmers and local consumers, that’s my sweet spot,” explains Deb.

**Food Deserts Versus Food Swamps**

Aside from orchestrating our much-loved Headhouse weekend Farmers’ Market, The Food Trust is, first and foremost, a not-for-profit organization dedicated to making good, healthy food available to everyone in Philadelphia, irrespective of income or location. In addition to helping guide and set food policy in the city, The Trust has done an effective job drawing attention to the worrying number of food deserts and food swamps in neighborhoods across Philadelphia. Deb elucidates the issue: “Food deserts are where people cannot readily access fresh, affordable, healthy food, with many factors responsible for this lack of access. And food deserts tend to go hand-in-hand with food swamps. Usually, where there’s an absence of fresh food, you’ll find a surplus of food swamps, better known as unhealthy fast-food outlets. Our goal is to help address low-food access through our markets, Philly Food Bucks program and other programming.”

The Food Trust operates 20 or so farmers’ markets throughout the city. Some 80 to 90 percent of these markets are strategically located in neighborhoods where healthy food access is low. While Reporter readers are all familiar with our own local Headhouse Market at 2nd and Pine Streets, The Trust also runs the year-round Fitler Square, Fairmount and Clark Park markets and seasonal markets across the city. Indeed, The Food Trust would love to see locals explore all of their markets. “I’d encourage Society Hill residents or anyone to visit some of our other markets, to learn more about the entire farmers’ market program and how it works,” comments Deb. “There is a wealth of different farmers, vendors and community partners represented in our markets around the city. Come see how multi-faceted our community-based markets can be.”

**Get Involved!**

**Volunteer:** The Food Trust is always interested in hearing from locals who would like to volunteer for the organization, whether at their Center City office or in the field supporting a local market. At the Headhouse Farmers’ Market, there are many ways to get involved. “It’s physical, but a lot of fun,” laughs Deb. “We always need help with set up and market break-down, and we staff our own Food Trust table every week if you’d like to interact with shoppers and help with the Supplemental Nutrition Assistance Program (SNAP) and Philly Food Buck transactions. There are lots of ways to get involved.”

**Make a Donation:** One of the most important food initiatives created by The Food Trust is the Philly Food Bucks program, which has been going strong for eight years. These food “bucks” can be used at point of sale in The Food Trust’s many markets to incentivize lower-income shoppers to purchase fresh, healthy food. There’s an additional benefit: a shopper’s money stretches further by increasing their purchasing power by about 40 percent. When they spend SNAP dollars on fresh fruit or veggies with a market farmer, they get rewarded in Philly Bucks. This is a win-win arrangement, because it also helps the farmers. Otherwise, it might not be viable for the farmer to attend these smaller, local-community markets.

To find out more about the important activities of The Food Trust in our city, to volunteer or to donate to the Philly Food Bucks program, contact dbentzel@thefoodtrust.org or thefoodtrust.org.

The Food Trust, in partnership with Get Healthy Philly, operates more than 25 farmers’ markets in Philadelphia, including the Headhouse Farmers’ Market, Philadelphia’s largest outdoor market. The Food trust has been working to ensure that everyone has access to affordable, nutritious food and information to make healthy decisions. To get involved with The Food Trust, see our website www.thefoodtrust.org.
SHCA’s Big Welcome for New Neighbors

Every year, SHCA presents 40 to 50 homeowners who are new to the neighborhood with a Welcome Basket. Let us know you’re here as of 2017 to date, and we’ll make an appointment to present a basket to you. Contact me at marthalev6@gmail.com or 215-629-0727.

Thank you to all of our many contributors who make this program possible.

Greenstreet Coffee Co., 1101 Spruce Street, is a local coffee roasting company owned by brothers Tom and Chris Molieri. They pride themselves in providing “exceptional tasting coffees that are responsibly sourced.” Stop by their cozy café on Spruce Street. Store hours: Monday to Friday, 6 a.m. to 8 p.m., Saturday, 7 a.m. to 8 p.m. and Sunday, 8 a.m. to 8 p.m.

La Scala’s Restaurant and Bar, 615 Chestnut Street. A comfortable, home-style Italian restaurant for the whole family, it attracts both locals and visitors alike. Some say their food is “just like grandma used to make.” Touted as the best ravioli in Philadelphia — I can attest to that — among other great dishes. Hours: open seven days a week for lunch, dinner and late night.

Pizza Fresca by Lamberti, 703 Chestnut Street, is part of the Aldo Lamberti Family of Restaurants, like local favorite Positano Coast. Located in the historic district, it is their newest pizza restaurant, offering dining in, take-out, online orders and delivery. Hours: Monday to Saturday 10:30 a.m. to 9 p.m. Closed Sundays.

The General Store at Reading Terminal Market. The focus here is on a collection of the finest Pennsylvania-made products, including handmade chocolates, cookies, coffee and handcrafts, including ceramics, quilts and soaps. They are deservedly proud of their goods. Website: www.pageneralstore.com. Hours: Monday to Sunday 8 a.m. to 6 p.m.

Home Helpers of Philadelphia, 267-402-7271, provides quality in-home care and home health care service options to allow aging family members to stay in their homes “living safe and independent lives.” Website: www.homehelpershomecare.com.
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The narrative of alcohol as creative fuel is well-established in our literary canon: Denis Johnson, Raymond Carver, Elizabeth Bishop and David Foster Wallace all drank, and wrote during periods of drinking. And so we forgive them their drinking, we exalt it and correlate it with creative liberation.

In fact, as Leslie Jamison dissects in her new book, *The Recovering*, drinking has nothing to do with liberation. The kind of drinking those authors did, that Jamison herself did, had more to do with pacing outside of closed liquor stores and drinking inside of a closet than with freedom. This memoir is an addiction narrative. Jamison lays bare the ways in which addiction looks very much the same on everyone: from a black man shooting heroin in Harlem to the soulful singer Amy Winehouse, who died from alcohol poisoning. The difference is whether we victimize or criminalize; idolize or ignore.

Jamison’s own story is full of movement — from the famous University of Iowa Writers’ Workshop MFA, to Nicaragua, to the PhD program at Yale. With each move, drinking is her loyal companion; it allows her access to the parties with writers she respects in Iowa, to exotic binges abroad. But underneath the admissions to prestigious universities, the relationships, the potlucks with famous authors, Jamison describes herself as a “broken spigot” of need — she craves love and unconditional commitment from her relationships and creative acceptance from her peers. She writes, “Drinking was no longer electric. It was musty routine, little more than a claustrophobic shell game…” Shortly after, she attends her first AA meeting, and where the period of Jamison’s addiction is all about her thirst to be the superlative, her recovery is defined by striving to recognize herself within a collective experience of use.

Jamison spent her early life certain that to be loved, she needed to be interesting, and in order to write well, she needed to say something that had never been said before. In AA, she’s given its basic text, the “Big Book,” with no one author and countless stories not so different from her own. In her drinking days, Jamison worried that recovery meant sacrificing her creativity. But in her recovery and others’ stories she finds “relief from my own plot line.”

Interspersed within Jamison’s personal narrative are the stories of other addicts. There is commonality in their stories: all spend boring, predictable hours and days in service of substance. Alongside her own story, Jamison examines the ways our culture, our laws and our history have created certain addiction narratives, depending on your race, your gender and your profession.

After years of her own drinking, Jamison writes, “Drinking was no longer electric. It was musty routine, little more than a claustrophobic shell game…” Shortly after, she attends her first AA meeting, and where the period of Jamison’s addiction is all about her thirst to be the superlative, her recovery is defined by striving to recognize herself within a collective experience of use.

Jamison’s fear, in writing *The Recovering*, was to contribute one more recovery story: “tedious... and tawdry.” The book mostly avoids tedium, despite its 544 pages; but towards the end it starts to drag — Jamison’s own story begins to feel effortful. She lends the narrative to four different addicts, and though it serves to highlight her own story, it starts to drag — Jamison’s own story begins to feel effortful. She lends the narrative to four different addicts, and though it serves to highlight her own point — that the stories of addicts are different, but knitted together with the same threads of desire and need. It feels a bit like undue diligence. That said, mostly *The Recovering* feels like a conversation with your smartest friend (except that none of us are usually so candid with our friends).

Bring in a copy of this review to Head House Books to receive 20 percent off your copy of *The Recovering*, or else have the discount donated to SHCA on your behalf.

Vivienne Woodward is the is the events coordinator of Head House Books, Society Hill’s only local, independently owned bookstore, located at 619 South 2nd Street.
Available for Sale at Society Hill Towers

**Updated One Bedroom with Southern Views**

Updated one bedroom with southern views towards the river and Society Hill with an open modern kitchen with high-end finishes and breakfast bar and a white tiled bathroom.

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**Sun-soaked Corner Two Bedroom on a High Floor**

Two bedroom, two bathroom offering unobstructed sunrise river views to the east and views of the city to the south. The home has wood floors, a large great room, generously sized bedrooms, an updated master bath and washer/dryer.

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Three New Reasons to Work Up an Appetite

The South Street Headhouse District (SSHD) continues to develop as a dining destination. The district is now home to three new and exciting restaurants.

Australian Vibe

Ants Pants Café, which opened about six months ago, is an offshoot of the renowned café-bruncherie across town. Owners Nancy Silverman, Liz Fleming and Paul Puma launched the location at 526 S. 4th Street largely due to their connection to the area. Nancy, a long-time resident of Queen Village, was eager to open a venue near her home, while Paul also has roots here. When the 4th Street storefront became available, they jumped. Paul explains: “We were looking for a small café in this area — we were impressed by the community and the businesses along the 4th Street corridor that generate so much positive energy.”

First-time guests — who tend to become regulars — often ask about the name. Paul continues, “Our partner Liz spent a lot of time in Sydney, Australia, where her husband grew up. They returned from a trip inspired to replicate an Australian café here in Philly. The name is an Aussie term for ‘the greatest,’ sort of like ‘the cat’s pajamas’ or ‘the bees knees.’ Our coffee menu reflects Australian roots with drinks like the flat white, which is a latte-style coffee, the long black and the Australian iced coffee, which contains ice cream.”

The menu offers a great selection of breakfast items — omelets, eggs, pancakes and breakfast hash, with vegetarian and vegan options. The café also provides a lunch menu featuring salads and sandwiches, and a drink menu of smoothies, juices and an array of coffee selections.

Venezuelan Flavor

Right next door to Ants Pants you will find Puyero Venezuelan Flavor, which opened a year ago at 524 S. 4th Street. Puyero is a BYO that features authentic Venezuelan street food. Corn arepas are filled with shredded beef and black beans, chicken, shrimp, chorizo or veggies; sweet plantain sandwiches called patacones are stuffed with a variety of fillings; and cachapas, which are corn fritter pancakes, are laden with toppings like cheese, ham or shredded meats.

“Puyero” is a Venezuelan expression that refers to a gathering that is “tons of fun,” and this is the goal of the hosts. Owner Gilberto Arends explains: “Philadelphia has been like a second home to us since 1997 — we visited relatives here all the time. We were really drawn to the food scene, which is so exciting, and we saw that Venezuelan cuisine was not represented. We wanted to share our food, and our culture, with Philadelphia, and that is what Puyero is about. South Street was an ideal fit for us because of the liveliness of the area. We get a diverse clientele, but every week we are seeing more and more regulars from the neighborhood and repeat customers. It’s been really great.”

Do It Your Way

The newest arrival to the district, M2O, landed at 701 S. 5th Street, the corner of 5th and Monroe, in March. M2O, shorthand for “made to order,” is a casual new place that offers a nearly limitless array of options for burgers and salads. The vibe is malt-shop minimal, with eat-in or takeout/online order options.

Under the management of Alex Russakoff, M2O provides a menu that allows diners to choose their own combinations. Burgers are available in beef or veggie; bread can be pretzel, potato, wheat roll or, instead, a lettuce wrap. Toppings range from the simple like lettuce, tomato or pickle, to the outré, such as grilled kale, onion rings and avocados. Salads offer similar flexibility: guests start with a choice of leaf — arugula, romaine, kale, — then add toppings like cheese, protein and dressing. Fountain sodas are made with real cane sugar. Bassett’s ice cream shakes, fruit smoothies, and bottled drinks and juices round out the beverage menu. BYO is an option; beer is a perfect accompaniment to the menu. There is also a kids’ menu and a variety of fries with toppings.

Russakoff explains the concept: “As we looked at the area and what type of place it lacked, we saw that there wasn’t really a restaurant that served quality salads and burgers in a casual atmosphere and offered diners complete choice. We understand that people have different dietary needs and preferences. It is our mission to accommodate our guests and make them feel welcome and comfortable.”

“Ants Pants” is an Aussie term for “the greatest.”

“Puyero” is a Venezuelan expression that means “tons of fun.”

“M2O” is shorthand for “made to order.”

“The addition of these dining options is further progress in our goal to make South Street a welcoming destination for neighbors and visitors. As we continue to develop more diverse businesses and offerings, we will cultivate an atmosphere that is exciting and inviting. Great food is an obvious place to start and we are delighted to welcome these new businesses to the District.”

SSHD Executive Director

Mike Harris
Spacious one bedroom with an open great room, large kitchen, excellent closet space and W/D.
777 sf | $335,000

South-facing studio with a private terrace, open kitchen, lots of natural light, great storage space and a W/D. 674 sf | $289,900

Sun-soaked 3 bedroom, 2 bathroom on a high floor with magnificent Washington Square and city skyline views. The home is completely renovated and boasts a new kitchen with high end appliances and new bathrooms with beautiful marble tilework. There is large, open entertaining space and a private balcony. 2,045 sf | $1,125,000

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SOLD!
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The history of the squat granite fountain hunkered along the curb on the south side of Washington Square (across from Hopkinson House) belies its modest appearance. It began its existence in much grander form on the opposite side of the Square in 1869 — the first project of a movement that would both adorn the city’s streets and quench the thirst of its residents — man and beast.

Philadelphia was growing rapidly in 1869. It had added more than 100,000 residents in the previous decade, with a population approaching 700,000. Aside from walking, transportation within the city depended largely on horsepower.

These beasts hauled delivery wagons and streetcars laden with riders through the city’s narrow streets. Philadelphia’s first horse-drawn streetcar service began in 1858, and by 1869 streetcar tracks lined the major streets. Horses bore the brunt of extreme weather and, not infrequently, the abuse of impatient and brutal drivers. The summer heat could be especially harrowing, as watering stations were all but nonexistent. As many as twenty draft horses a day died from heat exhaustion during the hottest months.

In February of 1869, Dr. Wilson Cary Swann convened a group of “ladies and gentlemen” at his home at 1512 Walnut Street to “consider the propriety of forming a society for the erection of fountains” along the streets of the city. Thus, the Philadelphia Fountain Society was organized for erecting and maintaining drinking fountains in the city.

Practical rather than merely decorative contrivances, their primary purpose was to satisfy physical needs rather than aesthetic sensibilities. Few public sources of drinking water — for humans or animals — existed in mid-19th century Philadelphia. By making fresh, free water amply available, Swann hoped to promote temperance and relieve animal suffering. These goals were intertwined, as he explained: “The greatest enemy to temperance, morality and virtue, is more or less associated with thirst. Many a good man, from necessity, is often driven to gin shops and places of debauch, where water is provided to his suffering beast, and he in return is expected to go in and spend his hard-earned wages at the bar.”

A Washington Square site — along Walnut Street opposite 7th Street — was selected for the Society’s first project. By April 1869, barely three months after the Society’s founding, its first fountain had been erected, and a second one on Chestnut Street, facing Independence Hall, was almost completed.

A stereopticon photograph (c.1870) depicts the fountain shortly after its erection. The granite block construction now situated on South Washington Square formed the base of the fountain. It provided receptacles of running water for use by humans, horses and smaller animals. An Old Testament passage on the fountain’s granite face above the horse trough proclaimed the Fountain Society’s mission. Now scarcely visible, the inscription reads: “Let thy fountains be dispersed abroad, and rivers of waters in the streets.”

The original fountain stood over eight feet tall. A tablet mounted atop its base bore the inscription: “Philadelphia Fountain Society, Instituted AD 1869.” On top of the tablet, a marble hemisphere served as the perch for a large cast-iron eagle with outstretched wings. Public response was encouraging. On a single day in July 1869, 1,365 persons and 321 horses were counted drinking from the Washington Square fountain.

Electric streetcars, introduced in 1892, rapidly replaced the city’s horse-drawn cars. This development did not immediately make horse troughs obsolete, because deliveries in the city continued to rely on horsepower. However, the proliferation of electric streetcar lines led to the relocation of Swann’s beloved first fountain from its original location at 7th and Walnut in 1916.

The move arose from a need to narrow the Walnut Street pavement to accommodate the re-routing of the 7th Street trolley, according to Fountain Society records. A team of horses stopped for water at the fountain would now block trolleys running on two different lines.

Thus, the fountain was unceremoniously uprooted and moved to the opposite side of the Square by the Bureau of City Property, apparently without prior notice to the Fountain Society.

The fountain’s embellishments — its decorative tablet, globe and eagle — appear to have been lost during this process. A Fountain Society inspection in 1917 showed the relocated fountain to be in good order, although its water was turned off. The inspection report simply noted “the figure has been removed.”

Like many venerable Philadelphia institutions, the Fountain Society continues to exist. It recently provided the lily pad sculpture for the decorative fountain in the middle of Washington Square.

**Bill Double** is a free-lance writer. He wrote Philadelphia’s Washington Square published by Arcadia Publishing. This edited article was first published in the summer 2009 edition of Pennsylvania Heritage magazine.
THE CADWALADER HOUSE
240 S. 4th Street

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- George Washington
- John Adams
- Meriwether Lewis
- Richard Henry Lee
- Francis Lightfoot Lee

The historic Cadwalader House offers the opportunity to create a custom mansion in the heart of Society Hill by restoring this historic property to its original splendor. The home spans five stories and will offer grand entertaining space and large bedroom suites. There is a private garden and space for two parking spots.

Built in 1829 by Joseph Norris, this historic home became known as The Cadwalader house thanks to Judge John Cadwalader who both resided in and had his legal office there. Cadwalader was best known for serving one term in the US House of Representatives and then later becoming a United States District court judge, an appointment made by his good friend President James Buchanan. Over the years the residences has served as the home of the Mutual Assurance Company and offices for the Archdiocese of Philadelphia. 9,003 sf | $2,650,000

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604 S. Washington Square

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Completely renovated studio with alcove overlooking Washington Square and boasting wood floors, a modern open kitchen and designer appointed bathroom. 600 sf | $259,900

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A Cause for Hope

Good news for those of us concerned about the plight of Philadelphia's homeless. **Hub of Hope**, a program for those in need, born of an affiliation between SEPTA and Project HOME, gave aid this past winter to the homeless men and women taking refuge from the cold in center city concourses connecting SEPTA Regional Rail, subway and trolley lines.

The SEPTA/Project HOME partnership with Hub of Hope is the first of its kind between a transit agency and a social service organization. The facility, located in Suburban Station, includes beds, showers, clothing, food and medical care. Importantly, it is staffed by professionals who can help find shelter, medical care and other social services for those in need. These professionals include resource managers, peer specialists, recovery coaches and physical and behavioral healthcare specialists from places such as Project HOME, The Mental Health Association of Southeastern Pennsylvania, the City of Philadelphia, Jefferson Hospital and Public Health Management Corporation.

Homelessness is not a crime, and Hub of Hope has been able to help people get the medical treatment and support they need to get off the streets. To find out more or to make a donation, call the Center City District Foundation at 215-440-5529.

**Important Tip**

Don't know how to get rid of those outdated or unused medications? Please don't throw them down the drain! Instead, drive to the police district on 11th Street just below Vine, park right in front and deposit those medications in the large blue container just inside the front door. You'll be helping to save the planet.

**And Remember...**

Be aware of your surroundings. Do not talk or text while walking down the street; do not hang purses over the backs of chairs while dining in restaurants, especially al fresco; do not leave your cell phone on the table when going to the bar or loo; and make sure your building door and your apartment door are well secured.

**Exercise and Socialize**

**The Walkie/Talkies** meet at Three Bears Park, Delancey Street between 2nd and 3rd Streets, on Tuesday and Thursday mornings at 8:15 a.m. for a one-hour stroll through our historic community. Anyone is welcome to participate in this non-stressful, one-hour exercise & socialize program.

**“Philly Is Walking In the Park!”** meets at the fountain in the center of Washington Square, 6th and Locust Streets, at 8 a.m. on Mondays, Wednesdays and Fridays for a half-hour, self-paced walk through our historic, beautiful park led by neighbor Dr. Lisa Unger. All are invited to join us.

**Parking**

A limited number of monthly parking spaces are still available at the renovated lot at 511 S. Front Street, between South and Lombard Streets. If interested, contact Ed Sullivan with Park America at 610-637-6832.

**Tall Ships Sail Into Philly for Five-Day Celebration**

Nearly a dozen tall ships will sail to Philadelphia’s waterfront along the Delaware River on Thursday, May 24. All are invited to watch as the ships approach Penn’s Landing, creating a free-to-watch parade from 3 to 5 p.m.

The next day, the festival really kicks off.

Through Monday, May 28, get up-close views of the ships and enjoy interactive programming, family-friendly experiences and special food and beverage offerings. Festival tickets, which are $5 for children and $7 for adults, include same-day admission to the Independence Seaport Museum.

Daily, self-guided ship tours also will be available on a timed schedule for designated tall ships. Tours will allow guests to board the vessels of their choosing (each ship requires a separate tour ticket) to get a first-hand look at how the ships were crafted, how they function and how their crews live and work.

Visit www.sailphiladelphia.org to learn more.
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---

**Kathy, Patrick and the Conway Team**

Our record speaks for itself.
By early April, 1,047 Society Hill residents had either renewed their association membership or joined for the first time — 30 more or three percent ahead of the same time last year. We are on course to possibly exceed the all-time high of 1,141 reached last year.

So far 99 new members have signed up — 20 more than last year at this time — but 173 residents have not yet responded to two mailings — about the same number as last year. If you have delayed in sending in your renewal, or wish to join, please do so today. A final reminder notice was mailed out on April 1.

Please remember to go to our website www.societyhillcivic.org and sign up for our email newsletter, so you can stay informed about all important issues on a regular basis. You may also conveniently renew or join by credit card or PayPal on our new and improved web site.

We welcome each of the over 3,600 households in our neighborhood to join SHCA. Your civic association helps protect your real estate investment by funding many of our improvement projects, as well as providing subsidies to neighbors who plant trees and fix their sidewalks. We help enhance your quality of life when we advocate on your behalf regarding zoning changes, real estate taxes, crime problems and traffic issues. All of this is accomplished through the hard work of our dedicated board of directors, committee members, block coordinators and, most importantly, your membership dues.

Without member dues, SHCA would cease to function. Protect your neighborhood and your real estate investment.

Sign up today!

Email mattdejulio@aol.com with questions or comments, which will be shared with our board members representing every quadrant in our unique, historic neighborhood.

Matt DeJulio is a retired publishing executive. He has served as SHCA’s administrator since 2001.

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### Membership Application

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**IMPORTANT:** Today, most everyone communicates via email. Please be sure that we have your current email address — so that you can receive important updates between publication of our community newsletter. All SHCA emails will be judiciously screened, and rarely will we send emails more than once a week. Nor will we share your email address with anyone else. This convenient, 21st-century system helps save our civic association postage costs, while keeping you regularly informed.

<table>
<thead>
<tr>
<th>Residential Memberships</th>
<th>Business Memberships</th>
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<td>$ 50 Basic Household Membership</td>
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**Additional Contributions**

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<th>Washington Square Beautification</th>
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<th>Sidewalk Cleaning/Graffiti Removal</th>
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The following topics are of special interest to me. I welcome receipt of email updates on these topics.

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<th>Clean-Up Day</th>
<th>Washington Square</th>
<th>Zoning &amp; Historic Preservation</th>
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<td>Franklin Lights</td>
<td>Social Events</td>
<td>5th Street Development</td>
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<td>Dilworth House</td>
<td>Property Taxes</td>
<td>Local Crime Incidents and Alerts</td>
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<tr>
<td>Reporter</td>
<td>Fundraising</td>
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Please return completed application to:

**Society Hill Civic Association**, P.O. Box 63503, Philadelphia, PA 19147
Who takes a suitcase full of books on their honeymoon?” exclaims positive psychology expert and well-being writer Suzann Pileggi Pawelski. Her husband, James, for one. “We went to St. Lucia on our wedding trip,” she recounts. “And I couldn’t figure out why his suitcase was so heavy when we were going to a beach resort!” But honestly, Suzie wasn’t surprised. She and James are avid readers. In fact, it was a book that brought them together. “We both were reading the same book at the same time,” explains James. “It was Martin Seligman’s Learned Optimism. The book teaches you that you can challenge your thoughts and learn how to choose optimism.” Seligman is known as the father of positive psychology. A longtime professor at the University of Pennsylvania, he established its principles there about 20 years ago. Suzie, a native of Montgomery County — and yes, she’s related to the famous salon family — had spent 20 years in Manhattan after graduating from Penn with a bachelor’s in communication. A successful freelance writer and public relations expert, she was an associate producer of The Joan Rivers Show. After reading Learned Optimism, she decided to return to Penn to study with Seligman. After earning her master’s, she wrote an award-winning cover story, “The Happy Couple,” for Scientific American Mind magazine that helped launch her career as a well-being consultant — building and practicing healthy habits, aka the science of happiness.

James, born in Dayton, Ohio, has taught philosophy at several universities and was asked by Seligman to be director of education in the Positive Psychology Center at Penn, where he co-founded the Master of Applied Positive Psychology (MAPP) program with Seligman. He is also adjunct associate professor of religious studies at Penn’s School of Arts and Sciences. The author of The Dynamic Individualism of William James, he has been featured in The New York Times, U.S. News and World Report and appeared on many TV shows around the world, including The Today Show.

With so much in common, it seems inevitable that Suzie and James would meet and fall in love. In January of 2010, they were married. Although they look like the perfect couple — both good-looking and upbeat — James and Suzie claim that their marriage, like any other, has had challenges. “It’s hard for Suzie to accept compliments,” says James. “And it’s hard to get James to go to the gym,” says Suzie, who works out regularly at the Philadelphia Sports Club on 5th Street. Getting to the gym shouldn’t be hard since they live next-door at Independence Place, where they moved when their son Liam was two months old.

Raising a child takes a dual effort, and both James and Suzie love bringing up their seven-year-old son. “Liam may think happiness is ice cream, but we want him to develop into a well-rounded human being who has good values,” notes James. Liam attends St. Peter’s School, where Suzie is a class mother and greets new parents.

“We love the neighborhood,” say James and Suzie, looking out from their balcony over Washington Square, where they love to play soccer and baseball as a family. Perhaps their very favorite destination, though, is Three Bears Park, which could be considered their second home.

But let’s return to St. Lucia’s for a moment. What they excitedly discussed on the beach was Aristotle. Perhaps the seed of their book was planted in the sand there. “Positive psychology has deep roots in philosophy,” says James. “Aristotle theorized that successful relationships are based on the good, the useful and the pleasurable. We decided to write this book because we understood that falling in love and staying in love, or getting married and finding lasting happiness can be two different things,” explains Suzie. “In Happy Together, which coincidentally was published on January 16, our eighth anniversary, we focus on finding and feeding the good in a relationship rather than dwelling on problems. It is the first book applying the science of positive psychology to relationships.” James adds: “We hope readers will learn to develop key habits for building and sustaining long-term love.”

This summer, Suzie and James will present their popular lectures on maintaining happiness and romance in relationships in Budapest and London. As much as they love their neighborhood, both enjoy traveling and exploring the world. “Studies have shown that enjoying experiences together, rather than buying things, makes for true happiness,” says Suzie.

They seem to be the couple that proves the axiom.

By Jane Biberman, freelance writer and former editor of Inside Magazine, has contributed to a variety of publications.
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