

SOCIETY HILL

Reporter

September/October 2022

The Newsletter
of The Society Hill
Civic Association

www.societyhillcivic.org

The Athenaeum of Philadelphia: Your Neighborhood Library



**Dr. Beth Hessel,
Executive Director
of The Athenaeum
of Philadelphia**

If you've walked past the handsome National Historic Landmark brownstone at 219 S. 6th Street for years, wondered what it was, but never stepped inside, you are not alone. On September 21st, at Society Hill Civic Association's (SHCA) General Membership Meeting, Dr. Beth Hessel, the Athenaeum's executive director, will share what makes the Athenaeum such a special part of Society Hill. Zoom into the meeting to take a peek at what resides behind the impressive facade, and what you can expect when its current renovations are complete.

Beth joined the Athenaeum in July 2019. Previously executive director of the Presbyterian Historical Society, a national archive located a few blocks south of the Athenaeum, Beth

is also an ordained minister in the Presbyterian Church (U.S.A.). She has served congregations across the U.S., and is a popular speaker who has lectured and taught in corporate, nonprofit, and university settings. She holds a BA in history, a MA in U.S. Women's History, a MDiv, and a PhD in history.

Beth loves the spirit-lifting magic of the Athenaeum's reading room and the opportunity to create lasting friendships with the Athenaeum's many members and friends. So will you.



Learn how to become a member of the Athenaeum, so that you can use the reading room pictured here.



Putting Down Roots

photo by Bonnie Halda

Society Hill's Tree Tenders plant street trees every spring and fall. See page 16 for information about how to sign up to get a free tree next spring.

Wednesday,
September

21

MARK YOUR CALENDAR

Society Hill Civic Association Meeting
Wednesday, September 21, 2022

5:45 p.m. Board Zoom Meeting

7:00 p.m. General Membership Zoom Meeting

Speaker: Dr. Beth Hessel, Executive Director,
The Athenaeum of Philadelphia

Topic: Athenaeum's Renovation Project

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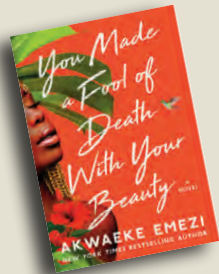
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Fifth Fox, Flag Football,
and Franklin Fountain



SOCIETY HILL

Reporter

**NUSA
Award-Winning
Newsletter
First Place
2020**

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Society Hill Civic Association

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Find past issues in full color
at www.societyhillcivic.org.

The views set forth in the opinion articles are the views of the authors and are not necessarily those of SHCA.

Submissions

If you have news that would be of interest to Society Hillers, email the editor, Judy Lamirand, at judy@parallel-design.com. Materials must be submitted in writing and include the name of a contact person. Edited submissions will be considered for publication if space permits. Letters to the Editor must be signed, and, as above, include contact information.

SHCA Mission Statement

The aims and purposes of SHCA are: to promote the improvement of the Society Hill area of Philadelphia, including its cultural, educational and civic activities, and the preservation and restoration of its historic buildings; to represent the residents of Society Hill in matters affecting the City of Philadelphia generally and Society Hill in particular; and to interpret the value and significance of Society Hill to the public.

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PRESIDENT'S MESSAGE

BY WILLIAM JANTSCH

Spruce Street and Changing Times

I am grateful to be living in Society Hill, which is indeed a special place. Here I am surrounded by rich history, beautiful architecture, and services for all of my needs within walking distance. When my wife and I first moved to Society Hill 12 years ago, we were charmed by the seemingly easygoing tempo of the traffic, the horse-drawn carriages, and even the tour buses. Over the years, the beauty of our neighborhood has not diminished, in no small part due to the diligence of SHCA. However, we have noted some changes. Since we do live within a large city, a large state, and an even larger country, I feel we are being challenged by some societal influences to which we need to pay special attention.

A case in point is Spruce Street traffic.

Since traffic was allowed to turn westward on Spruce at Christopher Columbus Boulevard in 2015, residents on Spruce have been alarmed to see a degradation of the residential character of the street, with more commercial traffic, noise, and truck fumes. After advocating for a return of the original one-way eastbound designation of the 000 block of Spruce, the SHCA convinced the city to study this issue.

The Office of Transportation, Infrastructure and Sustainability (OTIS) conducted a study, and shared results in a community meeting on July 12th. These results showed that the traffic volume on Spruce was only marginally lower when the 000 block of the street was one-way, and that this configuration was also associated with more traffic congestion on Columbus Boulevard and Dock Streets. OTIS concluded from this study that reverting Spruce back to being one-way would not achieve the residents' goal of restoring the residential character of the street.

Many residents on Spruce Street are not satisfied with this conclusion. The design of the OTIS study had limitations. The association of the

traffic change on 000 Spruce Street to two-way and the worsening traffic seems very apparent. Thus, there will be further discussion with OTIS, the Streets Department, and our elected officials regarding this matter. I will do what I can to ensure that the SHCA is supportive of this dialogue. It is also clear that we could use better ways of keeping everyone aware of what is being discussed, since I know there are other members of our community who prefer the two-way traffic configuration.

In the meantime, we need to apply creative thinking to find other ways to mitigate the challenges to the quality of life in Society Hill. For instance, if it can be shown that there is excessive speed on any section of a street, perhaps speed-limiting tables can be deployed. If there is excessive commercial traffic, could creative signage direct some of this to established commercial corridors? I have heard of cameras with new technology that can detect excessive speed and noise. Such cameras could theoretically help immeasurably with enforcement of our present laws.

Happily, we have many representatives from city government who are very open to new suggestions. I know police who are eager to enforce laws. The City of Philadelphia's Streets Department and OTIS are listening to us. There was good news from Harrisburg in early July with passage of a bill that provides police with the increased authority to seize and destroy noisy dirt bikes and ATVs that are illegally driven in the streets. I will encourage SHCA to continue working with positive, coordinated interventions, to do what we can to keep Society Hill the lovely place that it is.

William Jantsch has been an Emergency Physician for over 40 years, and presently serves as a consultant to Vybe Urgent Care. He and his wife, Nancy, moved to Society Hill over 10 years ago in order to be near their children — daughter Carol who plays tuba in the Philadelphia Orchestra, and son Bert who lives in Brooklyn.



William Jantsch

A bill passed in Harrisburg provides police with the increased authority to seize and destroy noisy dirt bikes and ATVs.



Your vote affects the future of our commonwealth and our nation.

Are You Ready for the November 8th Midterm Elections?

As the 2022 midterm elections approach, be sure you are prepared to vote, either at the polls or by mail-in ballot. The ballot will include two important statewide races: Governor of Pennsylvania and U.S. Senator.

Register to vote online, change your party affiliation or address, or request a mail-in ballot application here: <https://www.pavoterservices.pa.gov/pages/Voter-RegistrationApplication.aspx>

October 24th, 2022 is the last day to register to vote in the November 8th, 2022 general election.

if you plan to vote by mail-in ballot, your completed application must be received by 5 p.m. on November 1st, 2022. Your voted ballot must be returned by 8 p.m. on November 8th, 2022. Your registration is not complete until it is processed and accepted. Don't wait. Register to vote now.

KEEPING POSTED

BY AL CAVALARI

Women's Trade School = Independent Women

Nineteenth-century design schools opened unprecedented paths to female economic independence.

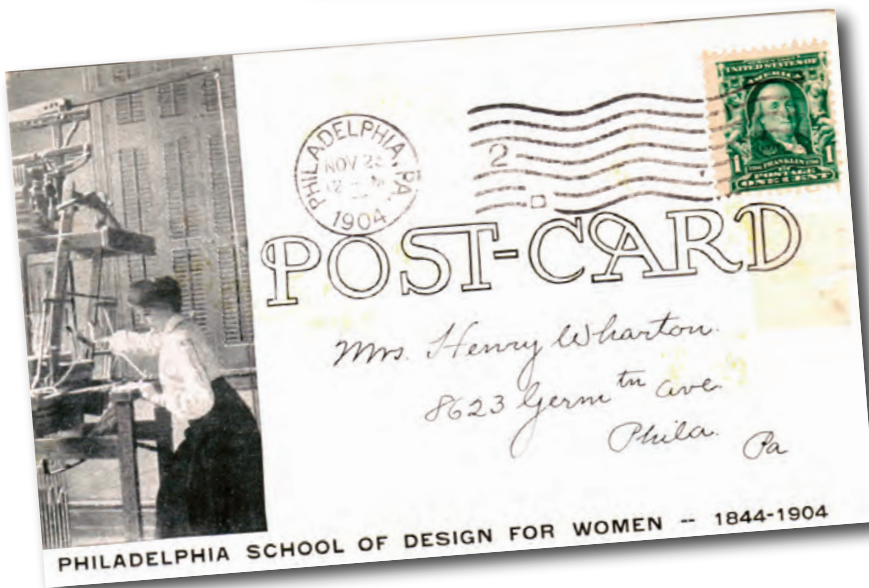
Sarah Worthington Peter of Ohio became a Philadelphian in 1844 when she married British Consul William Peter. In 1848, when opportunities for women were limited, she founded an industrial arts school in her home to teach women marketable skills, preparing them to work in industries created by the industrial revolution. Emphasis was on

an employment-oriented approach, so women could support themselves financially. Instruction included lithography, wood carving, drawing, and the design of carpets and wallpaper. When enrollment outgrew her town house on S. 3rd Street near Spruce, she convinced the Franklin Institute to take over. It was renamed the Philadelphia School of Design for Women.

The nation's first and then largest women's art school produced leaders in industrial design and the fine arts, thus helping America achieve independence from European dominance. Emily Sartain, who led the school from 1886 to 1920, introduced life-drawing classes using draped male and nude female models, a rarity for women artists then. Its program was founded on high standards that brought it to the level of a "French academy," at a time when other design schools for women were considered to be engaging in low forms of art. Sartain maintained that the same aesthetic principles applied to fine art could be brought to commercial art. Historian Nina de Angeli Walls wrote "As Sartain's career illustrates, art schools conferred professional status in a cultural field once dominated by men. Women artists used formal schooling to counter the accusation of amateurism frequently leveled at them. Nineteenth-century design schools were the first institutions to offer professional certification for women in such careers as art education, fabric design, or magazine illustration; hence, the schools opened unprecedented paths to female economic independence."



The post card front shows the design of a stained glass window by Kathryn Schmidt, a pupil of the Philadelphia School of Design for Women.



Sarah Peter's symbolic connection to Benjamin Franklin, through the involvement of the Franklin Institute in the early development of the school, is reflected in the boundless energy and diversity of interests she shared with him. Fluent in German, French and Italian, she had diverse religious interests. She attended St. Peter's on S. 3rd Street. She became involved with Quakers in establishing a home for troubled girls, and with Episcopalians regarding a religious order for women. Moving to Cincinnati in 1853 when her

continued on page 5

The back of this postcard shows a woman learning the trade of weaving.

KEEPING POSTED

continued from page 4

husband died, she established the Ladies' Academy of Fine Arts. While collecting art in Europe, she became impressed by the social work of Catholic nuns. Converting to catholicism, she funded, with her own money and sums collected from royalty and nobility, six charitable orders of nuns and priests which she brought to Cincinnati. She was an advocate for prison reform, a patron of the arts, and a philanthropist to numerous beneficiaries. At age 62, she marched off to war as a nurse with Grant's army, serving at the Battle of Shiloh. In POW camps, her care for Confederate soldiers included providing them with writing materials and helping them write letters home. She died in 1877 at the age of 77.

Our postcard is special for having been issued on a 60-year anniversary, although it is not clear of what. The founding date is incorrectly given as 1844. I love the view back through time at women training for economic independence. An image and text on the address side of the card is non-compliant with postal regulations of the day,

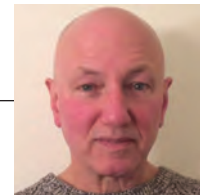
making it a rarity. A postally used card is a more meaningful artifact, plucked from the daily life of one Mrs. Henry Wharton over a century ago. I checked to see if it might be the Whartons of the Wharton School, but I found no connection to its founder Joseph Wharton. Dang.

What became of Mrs. Peter's school? It still exists, having been renamed Moore College of Art & Design in 1932, after Joseph Moore, Jr. gifted it three million dollars. Its undergraduate program is still limited to women. The building that housed it from 1880 to 1960, The Edwin Forrest Mansion on North Broad Street, still exists. It now houses New Freedom Theater.

As I did in the last issue, I ask again, "where would we be without people willing to change the world?"

Where would we be without people willing to change the world?

Al Cavalari is a certified member of the Association of Philadelphia Tour Guides, Write to Al at flagguys@aol.com.



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MAKING A DIFFERENCE

BY JANE BIBERMAN

The Human Canine Connection

Hand2Paw is one of 14 nonprofit groups listed in the last issue of the *Reporter* that received a 2022 Grant from SHCA. Hand2Paw’s Executive Director Penny Ellison tells us about its mission and participants.

What makes Hand2Paw unique?

Hand2Paw is the only program in the area, and one of only a few programs nationally, that pairs disadvantaged youth with shelter animals for the benefit of both, as well as the community they live in. Philadelphia is America’s poorest big city. The burden of poverty falls especially hard on the most vulnerable among us — including both young people and animals. Over 20,000 animals enter the city’s shelters each year, many as a direct result of that poverty. At the same time, one in four Philadelphians between the ages of 18 and 24 is disconnected from both school and work. Most of the youth we work with fall into this category — they are homeless, in the foster care system, or have no stable place to call home. And they are up against some formidable odds. Only 50 percent of teenagers in the foster care system will earn a high school diploma. Less than half will be employed by the age of 24. If you can, imagine yourself as a teenager, trying to become a self-sufficient and confident adult, with no support system. It’s daunting, to say the least.

Tell us about a real teen and a dog.

Candace (not her real name) was one of those teenagers. She struggled through homelessness to commute from



Philadelphia to New Jersey to attend high school. After graduation, while she was still 18, she got tired of couch-surfing, came to terms with the fact that she was chronically homeless, and decided to take refuge at the Covenant House youth shelter in Germantown. During her time at the shelter, she started volunteering with Hand2Paw.

Her first Hand2Paw volunteer session was at Philadelphia’s Animal Control shelter (ACCT Philly). “She was quiet as a mouse and clearly uncomfortable making eye contact,” says Ellison. “She was trying desperately not to be noticed. But when we entered the kennels, she opened up. She loved interacting with the animals, and came back week after week to volunteer, still quiet but smiling more and more. Eventually, she worked up the courage to ask about the possibility of an internship, and we learned more about her.”

“She had been taken from her mother at the age of four and placed into foster care. After three years in foster care, Candace was returned to her mother, only to lose her to cancer when she was just 11 years old. The years that followed were filled with abuse and neglect and, eventually, homelessness. She wanted so much to succeed, but she needed a hand to lift her up. Believing in her abilities, we placed Candace in a job working with animals at PAWS’ shelter in Gray’s Ferry, and gave her the support she needed. She worked there for nearly a year before we connected her to a higher level job at Central Bark Doggie Day Care.”

Candace has continued her career progression and kept at her college studies. Because she was employed, she was able to leave Covenant House and move into housing at the new JBJ Soul Homes in Fairmount. Now, she resides in her own apartment and works while attending college, first qualifying for the Honors Program at Community College of Philadelphia and recently transferring to Temple University. Most astonishingly, at the grand opening of the JBJ Soul Homes, this young woman, who once could not look anyone in the eye, shared the stage with Jon Bon Jovi, Sister Mary Scullion of Project HOME, the president of city council, and other dignitaries. She brought the house down reading a poem about her mother and her own journey out of homelessness. There was not a dry eye in the house. She aspires to be a lawyer, and there is every reason to believe she will achieve that goal.

continued on page 9



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Liberty Tree

by Thomas Paine

In a chariot of light, from the regions of the day,
The Goddess of Liberty came,
Ten thousand celestials directed her way,
And hither conducted the dame.
A fair budding branch from the gardens above,
Where millions with millions agree,
She brought in her hand as a pledge of her love,
And the plant she named Liberty Tree.

The celestial exotic stuck deep in the ground,
Like a native it flourished and bore;
The fame of its fruit drew the nations around,
To seek out this peaceable shore.
Unmindful of names or distinctions they came,
For freemen like brothers agree;
With one spirit endued, they one friendship pursued,
And their temple was Liberty Tree.

Beneath this fair tree, like the patriarchs of old,
Their bread in contentment they ate,
Unvexed with the troubles of silver or gold,
The cares of the grand and the great.
With timber and tar they Old England supplied,
And supported her power on the sea;
Her battles they fought, without getting a goat,
For the honor of Liberty Tree.

But hear, O ye swains ('tis a tale most profane),
How all the tyrannical powers,
Kings, Commons and Lords, are uniting amain
To cut down this guardian of ours.
From the East to the West blow the trumpet to arms,
Thro' the land let the sound of it flee;
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MAKING A DIFFERENCE

continued from page 7

When was Hand2Paw established?

Hand2Paw was established in 2010 as an all-volunteer organization, making weekly visits to PAWS with youth living at Covenant House’s crisis center in Germantown. Hand2Paw is the brainchild of Rachel Cohen, a UPenn undergrad who was taking Ellison’s Animal Law class. She was volunteering at PAWS and, while walking there from campus across the University Avenue bridge, she saw homeless teenagers, many of whom had dogs with them. She came up with the idea to put teens together with animal shelters, to give more care to the animals and, at the same time, draw the teens back into life through an activity they loved.

Where is Hand2Paw located?

“When we applied for the SHCA grant,” says Ellison, “we were operating out of office space at 3rd and Market that was donated to us during the pandemic. We have since leased a house in Olney where we have much more space, can take in more animals of our own, and host community events that prevent surrender of pets to shelters. Our programming is now done in our own space.”

How do you find the teenage participants for the program?

“Our youth come from various programs across the city. All of them are aging out of foster care and/or are experiencing housing insecurity. When we recruit a new cohort, we reach out to our partners, including Covenant House, the Achieving Independence Center, Project HOME, and others, and they refer youth to us.

We conduct interviews to determine which candidates are most interested in working with animals and are ready to take advantage of the programs we offer.”

Hand2Paw offers three programs:

Unleashing Opportunities, a 4-month paid internship where young people ages 18-24 work 20-30 hours per week;

Pawspurr, a weekly paid career readiness program; and

WorkReady, a six-week summer program for youth ages 16-18 in partnership with the Philadelphia Youth Network.

The programs currently serve 29 young people per year. In addition to three main programs, Hand2Paw continues to support program alumni and participants once they move on from the programs, regardless of whether they graduated from the program or experienced challenges that hindered program completion.

Where do you find the animals?

“Animals come to us through the public and we also sometimes take animals from ACCT or Pennsylvania SPCA,” says Ellison. “When the pandemic prevented us from going into the shelters, we started housing and adopting out our own animals. We focus on cats and other small animals, since we don’t have dog housing. We have adopted out about 70 animals since we started taking in our own critters. After we have gotten our final zoning approval in late August, we hope to develop a network of foster homes that will allow us to take in dogs, as well as increase our capacity to help cats and other small animals.”

What inspires you?

“Some of my greatest inspiration comes from experiencing how shut-down, unsupported youth begin to see us as family. They return to us, after they complete the program, for community and guidance. We have potluck dinners and wellness events to keep in touch with our alumni. They know they can always turn to us for help. We surprise youth with holiday gift bags, and help them get safe housing. We provide employment to many of our youth after graduation, to care for our animals and to help them stay self-sufficient. We help them get their pets spayed or neutered and we’ve taken in animals when youths were unable to provide care. We believe once you are part of Hand2Paw, you are always a part of us.”

Tell us about yourself. Do you have any dogs or teenagers?

“I am co-chair of the Pennsylvania SPCA board. I’m married with two stepsons. Over my life, I have had cats, dogs, guinea pigs and a horse, but right now I just have one dog, Kona, an ACCT alumni that I adopted from Main Line Animal Rescue (an affiliate of PSPCA).”

For more information or to donate, go to www.Hand2Paw.org.



Jane Biberman, is a freelance writer and longtime contributor to the *Reporter*. She volunteers at the Bucks County SPCA and has two rescued donkeys, along with an adopted dog and cat.

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REIMAGINING FOGLIETTA PLAZA

BY MARY PURCELL

Help Close the Funding Gap

Thanks to 90 donations so far, \$38K of the \$48K needed to commence the Foglietta Plaza Design has been raised! To close the gap, donations are still being accepted online at <https://societyhillcivic.org/foundation/donate/>.

The second largest park in Society Hill, behind only Washington Square, is in need of a complete makeover to fulfill its potential, and a recent use study shows us what the community and other stakeholders seek — a reimagined green space at the eastern end of the neighborhood. Won't it be wonderful to see all the hardscape replaced with welcoming lawns and gardens? See the May-June 2022 *Reporter* for an overview of the study results.

Thank you to all who already have donated, notably LCOR/One Dock, Society Hill Towers and Penn's Landing Square, who have made significant leadership grants, and to those who came out on July 20th to support Bridget Foy's and raise some funds for the park design. Over \$1,000 was raised, including a donation from Councilmember Mark Squilla. Even Natalie Foglietta, a great-granddaughter of park namesake Councilmember Michael Foglietta, was in attendance!

Mary Purcell is an SHCA Board member and the Foglietta Plaza Committee Chair.



From left, Police Captain John Craig, SHCA Board Member and Foglietta Plaza Committee Chair Mary Purcell, State Representative Mary Isaacson and Councilmember Mark Squilla at the July 20th fundraiser held at Bridget Foy's.

FIX THE BRIX

BY MARTHA LEVINE

We Can't Fix Our Streets, But We Can Fix Our Sidewalks



These loose bricks need to be secured or stored, not only for aesthetics but for safety concerns.



This flat edge is the best way to fix your tree pit and allow rainwater to drain into the soil.

Many of our Society Hill streets are in bad shape with potholes, bumps, and dips. The worst ones appear to be, but are not limited to, numbered streets. According to city officials, Society Hill will not be getting its streets repaved anytime soon. Neighbors have reported that some residents have fallen and been injured while crossing these streets due to these bad conditions. Fasten your seatbelts: a car ride on our streets will give you a bumpy experience and strain your car's suspension.

While we have little control over when our streets get paved, we **can** repair our sidewalks. Don't expect any help from the city, as there is no sidewalk program. Caveat: recently several homeowners were sued by those who tripped, fell, and were injured on their sidewalks. You can avoid that by checking your own sidewalk's condition and repairing problems.

Luckily, since 2009, SHCA has offered the "Fix the Brix" subsidy program so that any homeowner wishing to correct a bad sidewalk can get reimbursed for sidewalk repair.

We offer a subsidy of 40 percent of the invoice amount up to \$500 for current members, and up to \$400 for non-members. Over 250 households have taken advantage of this program and have made Society Hill a lot safer for walking.

Here are the simple steps to get it done:

- 1 Take a before photo of your problem sidewalk. Email it to me at marthalev6@gmail.com.
- 2 Hire a competent mason to do the job — make sure it is done to your satisfaction before paying the bill. Need a mason? Ask us for referrals.
- 3 Email me a photo of the completed work.
- 4 Make a copy of the original paid invoice to keep for yourself. Send us the original paid invoice and a copy of proof of payment.
- 5 Mail to: SHCA, P.O. Box 72102, Thorndale, PA 19372.
- 6 Receive a check within a few weeks.

Together, we can make our sidewalks safe for residents and visitors alike.

Martha Levine is an SHCA Board Member.



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URBAN EDEN

BY MARY STURDIVANT

Caring for the Gardeners



Jokè Nieuwland, who prefers to garden in her scrubs, assumes the armchair position before kneeling to weed.



To spare the back muscles on standing, Jokè drops one leg and pushes off from the opposite thigh.

“Love Hurts.” So swears Nazareth lead vocalist Dan McCafferty. But if gardening hurts, you are doing something wrong. Let’s focus on your most important gardening tool: **you**. You might want to share this advice with friends who would rather be off playing golf or tennis. Like those sports, raking, weeding, planting plugs, and pruning all require repetitive motions. If you are concentrating on something you really want to get done, or are feeling pressured to get that last flat of phlox into the ground before you lose sunlight, **pause** periodically. Gardeners should regard with skepticism those gung-ho types who insist, “No pain; no gain.” Feel the burn? Stop! Rest or switch tasks.

A totally unscientific survey of my friends reveals that 100 percent develop back pain after performing certain gardening tasks. Neck, left shoulder, and knee pain plague me. What to do? Before putting a chiropractor on speed dial, we can change how we move. Even if you are not ambidextrous, switch up right and left. Rake for a while with the right hand, then switch over and rake with the left. Even out the stress on the back muscles. Invest in a telescoping pole pruner to avoid straining those muscles.

Always use a squatting stance to lift flats of plants or shovelfuls of mulch. Pull the load toward your body; don’t hold it out like you’re presenting a gift. If you find yourself still hurting the next day, maybe you should book an appointment with a physical therapist. Show the therapist what tasks you are doing and how you move. Ask for suggestions to avoid straining the muscles that hurt.

The “armchair,” a movement where you rest on your haunches and let your arms relax on your thighs, saved my knees. I drop to that position before kneeling. After all, weeding entails more up, down, and genuflecting than high mass at Saints Peter and Paul Cathedral. Even the thickest cushion or knee pad cannot absorb enough of the shock of falling directly on your knees from a standing position. When it comes to getting back up, I return to the armchair, drop one leg, and push up with the arm resting on the other leg. Beats asking a passing stranger for a hand up.

Besides Tylenol or your favorite pain reliever, Arnica gel rubbed into a sore joint helps, and without any obnoxious smell. Or a bath with Epsom salts! I was surprised that the last three bathroom renovations that friends did all

involved removing the tub for a walk-in shower. I hope this trend passes.

If you prefer to look and learn, our own PBS affiliate, WHYY, carries GardenFit. One of the two hosts, Jeff Hughes, a personal trainer, watches gardeners at work to provide personalized help. As an added bonus, you get a garden tour. Definitely check it out.

Remember, sun stroke and heat exhaustion are real, and not just for senior citizens. You know to stay hydrated. But we have had some blistering hot days this summer. Beat the heat by gardening early in the morning. Plan to be done by 9 a.m. Or work late in the afternoon, after dinner maybe. These are also the recommended time for watering because water evaporation from heat won’t be a so quick.

Henry David Thoreau warned his readers against any enterprise requiring new clothes. But, for your safety, comfort, and pocketbook, browse Philadelphia AIDS Thrift at 5th and Bainbridge Streets, or Buffalo Exchange at 16th and Chestnut Streets, for loose-fitting gardening garb. Textiles now can wick away perspiration and filter harmful UV rays. To protect against scratches and bug bites, I recommend long sleeved tops and slacks over shorts. More than a fashion statement, a hat shades the face and reduces overheating. Sunglasses, of course! When completely outfitted, you should easily pass even the toughest dress code guidelines for modesty.

Please, slather any uncovered skin with sunscreen if you are going to be out for more than a few minutes. Leave the perfume/cologne off so you will not attract mosquitoes and other bloodsucking insects. While gloves are not required, they do protect your manicure. We are urban gardeners, but dirt under the fingernails is not an urbane look IMHO. Your footwear needs to be waterproof. Nix sandals or sneakers! So, ready? Enjoy your time outdoors safely.



Long-time neighbor **Mary Sturdivant** is

a passionate gardener who oversees plot #5 in Washington Square with Ruth Ann Fenton and Jokè Nieuwland. She’s a plucky petunia, who advises, “When you find your-self between a brick wall and a cement slab, just do your bloomin’ best.”



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WASHINGTON SQUARE

BY PENNY PLEASANCE

Summer & Fall Blooms

A recent documentary on the life of comedian George Carlin featured a bit in his routine from a few decades ago, about the environment, that was eerily prescient. In a cleaned-up version, he says something like, “The planet will take care of itself. It’s people who are screwed.” He may or may not be exactly right, but what struck me about the comment was a reminder that nature is a constant in our otherwise troubled world. Given water and sunlight, plants will continue to grow and bloom no matter what we humans are up to.

That said, in public gardens like Washington Square, some human intervention is still necessary to make it all happen. This past spring, our dedicated volunteers added an additional 1,700 native plants, as we continue the transition to a mostly native plant garden. Each of the 15 flower beds along the perimeter of the square now includes native perennials that span three seasons, from spring to late fall. Many beds are now in their second full growing season, with more mature plants that are fuller, sturdier, and more floriferous.

The soft colors and diminutive stature of spring blooms gave way to the bolder colors and taller blooms of summer. As we moved from early to late summer, the flower beds were constantly changing, as one plant’s flowers began to fade and another was just beginning to bloom. In June, it was light pink beardtongue, yellow *Coreopsis*, orange butterfly weed, and red *Spigelia* that graced the sunnier flower beds. As we moved into July, pink coneflower, deep lavender Stokes’ aster, gold black-eyed Susan, and the deep pink hues of blazing star and garden



Painting by Michael Neff

phlox were the stars. Now, as summer has slid into fall, the yellow hues of goldenrod and lavender of asters will close out the growing season.

All these flowers attract pollinators. Several hummingbirds have been spotted for the first time by our gardening volunteers, a sure sign that our work to promote more diversity is paying off. Maybe over the summer you were able to spot one as you strolled through the park in the early morning, or at dusk, when hummingbirds are most active. They are particularly attracted to the red cardinal flowers that are sprinkled around the beds on the southern end of the park. The native honeysuckle vine that is climbing an inactive lamppost at the southeast corner is another spot where a hummingbird was observed.

Butterflies were more numerous in the park over the summer as well. They love the tall pink garden phlox that begins to bloom in July. We are doing our part to

support the monarch butterfly with our June-blooming orange butterfly weed, a member of the milkweed family crucial to the survival of the species.

As for bees, they tend to flit about everywhere. But, unlike yellowjackets, bees mind their own business. If you don’t bother them, they won’t bother you. I have easily worked around bees while deadheading plants, and they seem to carry on as if I weren’t there at all. Even in fall, bees are still at work around the asters.

In addition to all the pollinator activity that our colorful gardens have attracted, there seem to be many more humans taking advantage of the park as well. In the cooler shade of our tree-focused garden, many residents and visitors have enjoyed a picnic in front of one of the flower beds.

After the growing season ends with the first hard frost, volunteers will be cutting back perennials and putting gardens to bed for the winter ahead. Even then, there will be a few delights like the red berries of the winterberry shrubs along the entrances of West Washington Square and the red stems of the red twig dogwood that will survive through the early winter.

No matter what we humans are up to, nature will be a constant, and as seasons come and go, there will always be something to enjoy in Washington Square.



Penny Pleasance is one of the Potting Shed Cabinet’s leaders and a plant specialist.



Coreopsis, Butterfly Weed



Coneflower



Blazing Star



Lavender Aster



Cardinal Flower

SOCIETY HILL TREE TENDERS

BY CLAUDIA CARABELLI

Putting Down Roots in Our Community



If you were out and about on the morning of April 23rd, you may have noticed small groups of shovel-wielding neighbors in yellow vests busily digging in area tree pits. That was us, **The Society Hill Tree Tenders.**

Tree Tenders groups exist in neighborhoods throughout the city. We volunteer under the auspices of the Pennsylvania Horticultural Society (PHS). They provide us with ongoing training about planting and pruning as well as the free trees that we plant every spring and fall to keep our neighborhood green.

City trees face many challenges, from having branches broken by delivery trucks to lack of watering. Many survive for decades against all odds, but those that don't must continually be replaced. We're always on the lookout for empty pits or dying trees so that we can contact owners about replacement.

Would you like a free tree? Applications for fall 2022 trees have already been processed but **you're still in time for a spring 2023 tree. Those applications are due by mid-November** and are easy to complete online. They must be

William Penn envisioned a "greene countrie town."

Tree Tenders are doing their part to increase Philadelphia's urban forest canopy.

Bonnie Halda is a freelance photographer who lives in the neighborhood. She is retired from her position as a historical architect for the Northeast Regional Office of the National Park Service.



SOCIETY HILL TREE TENDERS

PHOTOS BY BONNIE HALDA

done by the property owner and apply to street trees only. Once processed, PHS examines the sites to be sure they're appropriate: no residual stumps and far enough away from doorways. Their arborists select the tree species from what's available, our volunteers plant them in April, and you're left to provide ongoing care: watering, mulching, and keeping clear of weeds. If you'd like a tree or are interested in joining our

team, contact me at ccarabelli@comcast.net, and I can walk you through the process. Keep in mind that SHCA still offers generous subsidies to prune or plant a tree, or remove and replant a dead one. Please contact me for specific information.

Claudia Carabelli is a former RN and retired school counselor. She co-chairs the Society Hill Tree Tenders and does therapy dog work at CHOP and Pennsylvania Hospital.





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WELCOME GIFT BAGS

BY MARTHA LEVINE

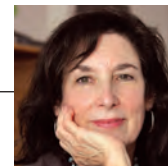
Local Businesses Make Our Welcome Gift Bags Possible

A shout out to all the restaurants of Headhouse Square that support and donate to our Welcome Gift Bags program. As a thank you, we encourage our neighbors to support them by dining at their restaurants. All provide an *al fresco* dining experience in beautiful Headhouse Square, as well as indoor accommodations. If you have not yet

tried them, head on down to 2nd Street for a great meal. In addition, we thank all of the businesses listed below that have donated to the Welcome Gift Bag program (previously the Welcome Baskets) over the years. They make this program possible.

Are you a new owner here in Society Hill? Let us know you are here. The Welcome

Gift Bag program presents a welcome gift bag to all new first-time owners in Society Hill (new as in the last year or so). If you are new and wish to receive this gift, contact me at marthalev6@gmail.com.



Martha Levine is an SHCA Board Member.

Thank You, Welcome Gift Bag Donors



Bistro Romano, 120 Lombard Street. An intimate Italian eatery with a rustic vibe, wine cellar and piano bar.



Cavanaugh's Headhouse, 421 S. 2nd Street. A cozy, casual, two-story tavern, with multiple rooms offering grub, sports on TV, and a festive crowd.



The Twisted Tail, 509 S. 2nd Street. A Southern-inspired Bourbon House, with an eclectic mix of American whiskey and charcoal grilled gastronomic offerings.



Bridget Foy's, 200 South Street. Much-loved and beautifully rebuilt after a fire three years ago, the new restaurant is fresh and inviting. American comfort food as always, and a fully stocked bar.



Malbec Argentine Steakhouse, 400 S. 2nd Street. The rich culinary culture of Argentina, featuring craft cocktails and global wines, in a romantic stylish setting.



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- Malbec Argentine Steakhouse**, 400 S. 2nd Street
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ON OUR SHELF

BY KRISTEN BROWN

You Made a Fool of Death With Your Beauty

Akwaeke Emezi's newest release, *You Made a Fool of Death With Your Beauty*, is a spicy yet sorrowful story. Feyi Adekola, the novel's fiery protagonist, is a 29-year-old bisexual artist overcoming the death of her husband. It's been five years since the love of her life's death, and she finally feels ready to explore the prospect of intimacy again. The first few pages of the novel are just that, a passionate love affair between Feyi and an attractive stranger named Milan, whom she met at a rooftop party.

Feyi watched her late husband, Jonah, die in a lethal car accident. Even a simple rendezvous with Milan disentombs her memory, and she hears "the scream of tires and the mad chime of broken glass." Lusting over Milan provides a sense of illusory escapism, a distraction from the hurt swirling inside her. Feyi seeks comfort in a few different ways. For example, she translates trauma into art, she confides in her ride-or-die best friend Joy, she lives in Brooklyn because she believes NYC "is an insomniac city with enough lives in it to forget the ones she had before," and yes, she has a riveting flirtationship with Milan.

After Feyi and Milan hook up for a few months, in comes Nasir, a striking and smooth-talking man who falls head over heels for Feyi. The possibility of a real relationship with Nasir "terrifies" her. It is hard to accept a world without Jonah and even harder to accept the idea of love again. With great hesitation, Feyi slowly builds the strength to show him one of the darkest, most private facets of herself: her art.

Blood-stained clothes behind clear glass, a ripped T-shirt, canvases covered in blood — Feyi's artwork records an archive of her husband's death. Her previous exhibitions display relics from the car accident, and the raw emotion behind her work is almost painful to read. As it turns out, Nasir is wickedly wealthy and well-connected to the art world. He loves Feyi's art and offers her the opportunity to be featured in a highly esteemed exhibition, one that amplifies the voices of black artists. The gallery is on the Caribbean island where Nasir grew up, and he insists that they both fly there together, first-class, on his bill, of course.

Emezi unapologetically throws the reader a curveball. Once Feyi arrives on the island, she hopelessly falls for another man, the highly

revered chef and TV personality, Alim Blake. Alim is 19 years older, a recent widower, and, most shockingly, Nasir's father. A dangerous, forbidden love is a staple plot point in any good romance novel, and Emezi makes the fatal attraction anything but cliché.

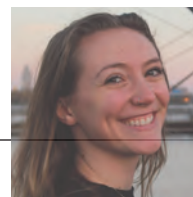
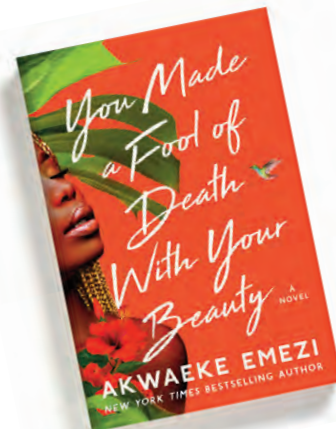
What is so striking about the novel is Feyi's persistent internal struggle. She is finally living her dream life. She's infiltrating the art scene, seeing a great guy, and staying on a beautiful tropical island, yet nightmares of the car crash still haunt her. While staying at the Blake family home, Feyi wakes up in the middle of the night drenched in sweat and slick with tears. To find some fresh air, Feyi takes a midnight walk in the lush garden, and there, she finds Alim.

Both Feyi and Alim are haunted by the untimely death of their spouses, and the reader learns that Alim watched his late wife drown. The two connect on their shared hardships, and Alim's candid vulnerability only makes Feyi fall even harder for him. Alim and Feyi are both widowed, bisexual, and find intimacy daunting. They appear as two star-crossed lovers with both everything and nothing to lose if they kiss under the moonlight.

Emezi authentically portrays the pain of grief and beautifully demonstrates the process of healing. The love story between Alim and Feyi spirals in and out of control as the two contend with the rewards and repercussions of choosing forbidden love above all else.

Each character in the story holds good and bad in them. Joy is a supportive friend but sleeps with married women, Nasir appears to be perfect boyfriend material but develops a dangerous temper, and Feyi is full of so much love, but her affection for Alim risks breaking apart the Blake family. It's as if Emezi is stating that being messy and chaotic reminds us that we are alive, which is absolutely essential in a world of death.

Whether or not the reader agrees with Feyi and Alim's blossoming connection, Emezi sculpts a three-dimensional love story that is nearly impossible to put down.



Kristen Brown is a staff member at Head House Books, Society Hill's only local, independently owned bookstore.

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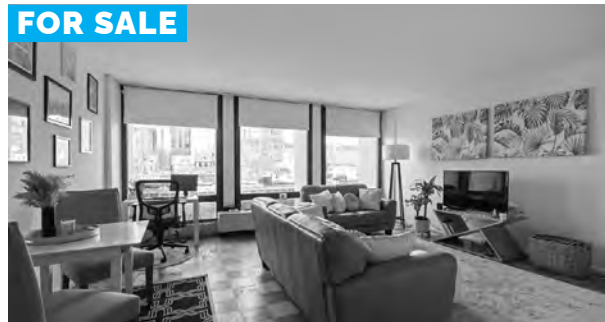
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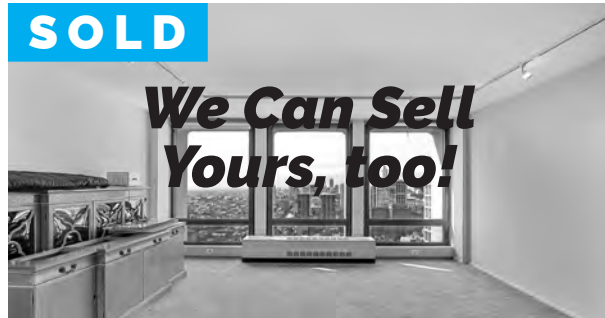
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HAPPENINGS AT MCCALL SCHOOL

BY DANIELLE SANDSMARK

McCall Welcomes Principal Powell

The School District of Philadelphia started the 2022-23 school year on Monday, August 29th. Students at McCall, our local K-8 public school, were greeted on their first day of school by a new face, the school's new principal Antoinette Powell. Mrs. Powell replaces Stephanie McKenna, who served at McCall for five years before transferring to the district's John H. Taggart School in South Philly.

A product of Philadelphia public schools, Mrs. Powell earned her undergraduate degree from Temple University, after graduating from George Washington High School. After completion of her undergraduate degree, she started her career as a middle school teacher at Tilden Middle School in 1998. At Tilden, she took on various leadership roles, including mathematics teacher leader, new teacher mentor, and building representative to the Philadelphia Federation of Teachers. During that time, she also completed her master's degree in educational leadership at Cheyney University. As a teacher, Mrs. Powell says that her goal was to help her students "develop a mindset filled with energy and passion that would allow them to make their voices heard both in and outside of the classroom." Her commitment and dedication were recognized when she was named the William J. Ross Teacher of the Year.

Motivated by an "unwavering commitment to improving the quality of education in our city," after 13 years in the classroom, Mrs. Powell became assistant principal at John Barry Elementary School. She says that her students inspired



"Our focus will be on teaching the whole child, so that we inspire agents and leaders who will change the world."

—Antoinette Powell, McCall Principal

her to "want to impact change on a systemic level as a school leader." However, due to deep budget cuts in 2013 that eliminated most assistant principal positions, she had to leave the school district, moving to American Paradigm Schools, a charter school operator. Five years later, she returned to the school district at Robert E. Lamberton Elementary in West Philadelphia, where she served as principal, prior to starting at McCall on July 1st.

Mrs. Powell and her husband, Brian, have been married for 22 years. They have two children: Brian, an artist living in Atlanta, Georgia; and Jasmine, a Temple University junior studying to be a forensic psychologist. Mrs. Powell describes her children as her "north

stars" who "ground me in purpose and push me to be excellent for the young people I have the privilege of serving."

When asked about her vision for McCall, Mrs. Powell stresses that she will focus on "teaching the whole child, building a love of learning, bringing joy, and creating space for voice and equity. Curiosity is encouraged and opportunities for personal, social, and academic growth are valued so that we inspire change agents and leaders who will change the world." She also stresses that she will focus on building a culture of continuous engagement with the communities served by McCall: "It is my hope that the community can engage the McCall school through partnerships that can support mentorship, tutoring and workshops with community organizations. Such partnerships will allow us to continue to support both the academic and social-emotional well being of our students."

Please welcome Principal Powell when you see her in the neighborhood!

You can check out happenings at McCall School on the "Friends of McCall" Facebook page or by visiting the McCall Home and School Association website: www.mccallschool.org. Please consider a monetary donation to support the work of the school. Wish Lists to support teacher classroom projects can be found on the website. Your gifts are appreciated!

Danielle Sandsmark is an SHCA member and McCall School parent.



SHCA MEMBERSHIP PERK - LIST OF CONTRACTORS

SHCA gets at least five requests every single week for our popular **List of Contractors**. If you're a current SHCA member, and need a copy, just ask! All of the contractors come highly recommended by neighbors here in Society Hill. **You must be a current SHCA member to receive a list.** Be sure your membership is up-to-date.

Included are general contractors, plumbers, electricians, HVAC techs, painters, window replacement specialists, window washers, interior designers, masons, and roofers. A miscellaneous section includes furniture repair, rug cleaning, clock repair, smart home services, and more.



To obtain a list, call 215-629-0727 or email marthalev6@gmail.com.

The list is available by email or snail mail. Please do not share with non-members, as the list is a perk of membership.

SHCA's List of Contractors can help you find the quality workmanship your house deserves.

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604 S. Washington Square

Light-Filled Two Bedroom

Two bedroom, one and a half bath offering incredible natural light, an open layout, panoramic city views, parquet wood floors, and updates to the kitchen and bathrooms.
1,200 sf | Offered for \$459,900



Bright, Sunny One Bedroom

One Bedroom, one bath on a high floor featuring a private balcony, generous living/dining room perfect for entertaining, and kitchen with excellent cabinet space.
843 sf | Offered for \$249,900



One Bedroom with Balcony

One bedroom, one bath with balcony and garden views; the home has parquet wood floors, a galley kitchen and great natural light.
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MEMBERSHIP REPORT

BY MATT DEJULIO

2022 Membership Closes in On 2021 Total

By early August, 1,129 Society Hill residents had either renewed their association membership or joined for the first time. Only 36 more members are needed to match last year's total of 1,165. There are still 154 members who have not yet renewed. Please do so **today!** Thankfully, 156 new members have signed up, just shy of the 160 new members who joined last year.

Please remember to subscribe to our weekly email newsletter at our website www.societyhillcivic.org to keep informed of all important neighborhood issues and cultural events of interest.

We invite each of the more than 3,600 households in Society Hill to join SHCA. Your civic association helps protect your real estate investment by funding many improvement projects, as well as providing subsidies to neighbors who plant trees and fix their sidewalks. We help to enhance your quality of life when we advocate on your behalf regarding zoning changes, real estate taxes, crime problems, and traffic issues. All of this is accomplished through the hard work of our dedicated board of directors, committee members, block coordinators, and most importantly, your membership dues.

Without member dues, SHCA would cease to function. Protect your neighborhood and your real estate investment. **Sign up today!**

Email mattdejulio@aol.com with questions or comments which will be shared with our board members, who represent every quadrant in our unique, historic neighborhood.



Matt DeJulio is a retired publishing executive. He has served SHCA as its administrator since 2001.

PARK, AMERICA!

A limited number of monthly parking spaces are available at the lot at 511 S. Front Street, between South and Lombard Streets.

If interested, contact Ed Sullivan with Park America at 610-637-6832.

Membership Application

Name _____

Address _____ Apt. # _____

City, State, Zip _____

Home Phone _____

Work Phone _____

Email (print clearly) _____

IMPORTANT: Today, most everyone communicates via email. Please be sure that we have your current email address — so that you can receive important updates between publication of our community newsletter. All SHCA emails will be judiciously screened, and rarely will we send emails more than once a week. Nor will we share your email address with anyone else. This convenient, 21st-century system helps save our civic association postage costs, while keeping you regularly informed.

<p>Residential Memberships</p> <p><input type="radio"/> \$ 50 Basic Household Membership</p> <p><input type="radio"/> \$ 40 Senior/Student/Single</p> <p><input type="radio"/> \$ 100 Federal Friend</p> <p><input type="radio"/> \$ 150 Georgian Grantor</p> <p><input type="radio"/> \$ 300 Jefferson Benefactor</p> <p><input type="radio"/> \$ 500 Washington Benefactor</p> <p><input type="radio"/> \$ 1,000 Benjamin Franklin Benefactor</p>	<p>Business Memberships</p> <p><input type="radio"/> \$ 100 Institutions — 5+ employees</p> <p><input type="radio"/> \$ 60 Institutions — fewer than 5 employees</p>
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Additional Contributions

\$ _____ Washington Square Beautification	\$ _____ Franklin Lights
\$ _____ Sidewalk Cleaning/Graffiti Removal	\$ _____ Tree Tenders
\$ _____ Fix the Brix	\$ _____ McCall School

Charge VISA/MasterCard: Total Enclosed \$ _____

Number _____ Exp Date _____

Signature _____

The following topics are of special interest to me. I welcome receipt of email updates on these topics.

<input type="checkbox"/> Clean-Up Day	<input type="checkbox"/> Washington Square	<input type="checkbox"/> Zoning & Historic Preservation
<input type="checkbox"/> Franklin Lights	<input type="checkbox"/> Social Events	<input type="checkbox"/> 5th Street Development
<input type="checkbox"/> Dilworth House	<input type="checkbox"/> Property Taxes	<input type="checkbox"/> Local Crime Incidents
<input type="checkbox"/> Reporter	<input type="checkbox"/> Fundraising	<input type="checkbox"/> and Alerts

Please return completed application to:
Society Hill Civic Association, P.O. Box 72102, Thorndale, PA 19372
 Make check payable to Society Hill Civic Association or join online at:
www.SocietyHillCivic.org

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FOR SALE



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Generously sized living and dining room, a fully-equipped kitchen with great cabinet and counter space and large bedroom that enjoys great closet space, brand new carpet, and ensuite bathroom with shower/tub and single vanity.

1,205 sf | Offered for \$399,900

FOR SALE



Renovated One Bedroom

Beautifully renovated one bedroom with a balcony boasting southern views, an open kitchen with breakfast bar and stainless steel appliances, and large bedroom with excellent closet space.

1001 sf | Offered for \$350,000

FOR SALE



Three Bedroom Penthouse

Rarely available three bedroom, two and a half bathroom penthouse with a wrap-around balcony, fireplace, updated kitchen and bathrooms and see-forever views of the Delaware River and Society Hill.

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OUR CREATURES GREAT AND SMALL

BY CLAUDIA CARABELLI

Just One of One Hundred and One

Doctors Vicki and Scott Bralow run a medical practice together. They've raised two daughters, purchased homes and welcomed a grandchild. Their newest joint venture is a Dalmatian puppy named Trixie. This little pup is Dalmatian number three for them. Scott grew up with a miniature Schnauzer named Capricorn aka Cappy. Vicki came from a strictly cat family.

At ages six and three, their girls mounted a relentless campaign, along with dad, to convince Vicki that they should get a dog. Prerequisites were a friendly dog that was active and good with children. As a busy working mom with zero time for extra appointments, Vicki also insisted the dog not need grooming. After some research they settled on a Dalmatian and named the dog "Spot." Original, right? Spot slept at the foot of their younger daughter Alexis' bed for all of his 13 years until he sadly had to be euthanized when his health deteriorated. It was traumatic for everyone but especially Alexis. They'd literally grown up together.

Three months later, along came Dalmatian number two, Bindi. She was the sweetest little puppy, and their daughter absolutely hated her. Too crazy! And after all, who could ever replace Spot? The dog, of course, eventually won her over. Bindi even went on to become the unofficial mascot for Alexis' college field hockey team. Bindi had one blue and one brown eye (heterochromia) and was deaf in one ear (common in the breed). She traveled all over with the family from Boston to the Great Smoky Mountains to North Carolina's Outer Banks. In April, at 12 and half years of age, Bindi died from a dilated cardiomyopathy. Everyone was sad, but Scott was heartbroken. He needed a new dog.

Only one week later, they located a litter of pups. Along came Trixie, Dalmatian number three.

The first written information about Dalmatians dates back to 1375 in Dalmatia, Croatia, where the breed was used as a hunting dog. They also functioned as guard dogs along the Croatian border. The breed has retained its guarding instinct. While loyal to those it knows and trusts,

Dalmatians can be aloof with unfamiliar dogs and humans. Their strong hunting instinct still makes them a great exterminator of vermin.

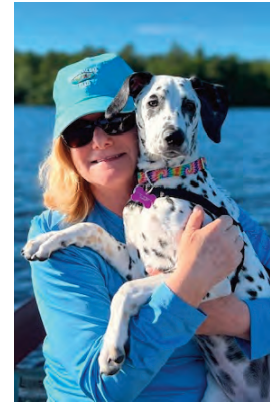
In the 1700s, they were used as "coach dogs," trotting along beside horse-drawn carriages and highly prized for their decorative spotting. Dalmatians are very compatible with horses, which led to their work as firehouse dogs. They would lead the horse-drawn fire coaches to the site of the fire, then stand by to calm the horses. Contemporary fire equipment has eliminated that need, but some firehouses still keep Dalmatians as mascots for the station.

Puppies are born with plain white coats. Their first spots usually appear within 10 days, but may be seen earlier on their skin. Spots are most commonly black or liver (brown) on a white coat. Trixie sports both, along with two black ears. Their coats are short, dense, and fine. While they don't require grooming, they do shed. They have a genetic predisposition to deafness, which led early breeders to think they were not intelligent. Only dogs with bilateral hearing are typically bred. Like Bindi, many Dalmatians have only unilateral hearing. This impacts their directional hearing; they can hear you but not always sense your direction.

The 1956 book *The Hundred and One Dalmatians*, and a subsequent movie, led to a huge surge in the breed's popularity.

Trixie is adapting quite well to city life, although house training in a high-rise has been challenging. Washington Square at your doorstep is great. Carrying a puppy with a full bladder in an elevator making multiple stops is not so great. A small grass "potty station" on their balcony has helped. Trixie loves to fetch balls and definitely has her favorites. She's working with a trainer to decrease her overly enthusiastic jumping. Her latest "trick" was pulling the bottom tray out of the dishwasher when her collar got caught, and dragging it through the apartment. Yes, it was full of dirty dishes.

Be on the lookout for Vicki, Trixi and Scott on their many walks in the Square.



Vicki Bralow with Trixie.



Along came Trixie, Dalmatian number three.

Claudia Carabelli is a former RN and a retired school counselor. She co-chairs the Society Hill Tree Tenders and does therapy dog work at CHOP and Pennsylvania Hospital.





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SOUTH STREET HEADHOUSE DISTRICT

BY SARAH COWELL

Self-Care On and Around South Street, Only Steps Away From Your Front Door

All women know how hard it is to find time for themselves. Our daily routines do not typically include time to value our bodies, our mental health, or our overall well being. Add a job, kids, or grandchildren into the mix and things get exponentially more difficult — but the South Street Headhouse District is looking to change that narrative for our surrounding community.

Dana Feinberg is a Queen Village resident who works part-time with the South Street Headhouse District. As the mother of three children in a dual working family, Dana set out to find accessible self-care on and around South Street, specifically seeking treatments that could be done in an afternoon with long-lasting results that could be felt over time.



Indulge in a scented deluxe pedicure.

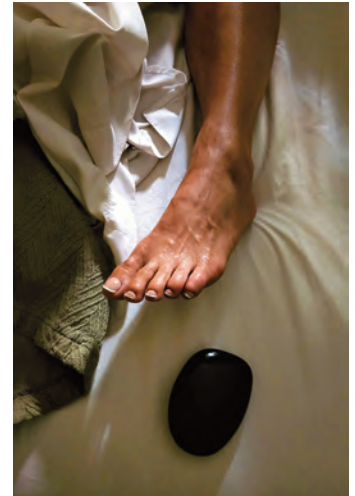


Long live the Lash Boutique lift!

Her first stop was **Indulge Nail Studio** at 1032 South Street. “The Deluxe Pedicure with Tammi is the perfect midsummer refresh,” Dana shared. “I chose the CBD mint lotion for a tingly and soothing foot and leg massage to go with a French pedicure for sandal-perfect toes. It’s a quick pick-me-up that prepares me for a week-end at our shore place!”

Next up was **The Lash Boutique** at 615 S. 2nd Street. “Long live the lash lift and tint,” said Dana, who also has cosmetic eyeliner. “It’s time to toss the mascara! My summer routine just got a lot easier after only an hour with Sharon, the owner at The Lash Boutique. If you’re going for a natural or effortless look, you have to try this.” Self-care that makes your day-to-day maintenance even easier? Yes, please! How about self-care that lets you unplug, close your eyes, and turn off your mind for an hour and a half? Absolute, without a doubt, 100 percent yes!

Dana’s final self care stop was **Fabriq Spa**, located at 728 S. 4th Street. Kicking things into the lowest possible gear, Dana started her afternoon with a 90-minute hot stone massage from Cooper, one of Fabriq’s highly recommended massage therapists. “I floated out of my treatment room not only feeling the overall benefits of the massage, but I also have an increased range of motion in my cranky shoulder caused by an overzealous frisbee toss early in the summer,” Dana reflected. “Cooper was respectful and thoughtful of what my body needed, and his spontaneous muscle release technique was the perfect gentle, supportive, and effective touch.”



Feel Fabriq’s hot stone massage.

To round out her afternoon at this relaxing oasis tucked away on Fabric Row, Dana took things to the next level with the first treatment in a series of facial acupuncture sessions with Catherine, Fabriq’s very own facial acupuncturist, who works with individuals over a series of 10 sessions to build a healthier foundation for aging skin.



Finally, Fabriq’s facial acupuncture!

“There is something exciting about trying something new and making a time commitment to myself,” Dana said with full self-affirmation, “because I am worthy of an indulgent and extraordinary experience.” To date, Dana has already completed three of her ten sessions. “And I am totally hooked on Fabriq Spa’s facial acupuncture. It’s a holistic approach to feeling and looking my best. The outward results are similar to microdermabrasion, and the added internal benefits of total relaxation leaves me feeling totally rejuvenated and restored.”

All of this and more, just steps out our front door.

Sara Cowell is the South Street Headhouse District’s Digital and Marketing Manager.

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For the past year, our children have been asking us for a dog. But it has not stopped there. They have wished for a dog upon every penny thrown into every fountain for the past year. In sum, they are beginning to wear us down. In the process of finding the “fifth Fox,” we found a welcoming place to spend some time and money, Doggy Style Pets in Queen Village. No doubt you have walked past this store, maybe stopped, maybe made faces at the sweet dogs in the windows. Inside the store, we found the employees to be just as sweet. They invited us to come in and pet the dogs and give them treats provided by Doggy Style. We took a dog out on their back patio to spend time with it. We understand they will even let you take the dogs for a walk: just ask! While there, you can adopt one of the adorable dogs, purchase food and treats, get your dog groomed, or purchase some new pet toys.



If, like us, you are looking for a new roommate, if you already have a dog, or if you just want some extra love in your life, Doggy Style is a great place to visit.



Philly Dragons

www.phillydragons.com

We are proud supporters and participants in the Philadelphia Dragons Sports Association. Formerly known as the Taney Youth Baseball Association, the Philly Dragons have served as a rite of passage for generations of Philadelphia children. Our kids have enjoyed tee ball, baseball, flag football, and basketball. We have enjoyed watching them learn, socialize, and most importantly, have fun. Sure, maybe we didn’t score four touchdowns in one game in high school like Al Bundy, but we enjoy reliving some of our favorite sports memories through our children.

The Philadelphia Dragons Sports Association is an independent nonprofit run exclusively by volunteers. They have no paid staff and do not maintain a physical office. One hundred percent of the registration fees go to supporting children’s play! According to their website, they remain committed to the founding principle, to ensure every child who wants to play has an opportunity to play. In all, the Philadelphia Dragons Sports Association has provided hours of entertainment, exercise, socialization, and fun for our entire family.

See you at the field!

The Fox family moved to Society Hill in August 2019 and loves to take advantage of the wonderful spaces and activities that Society Hill has to offer. Kids’ Korner will feature topics such as restaurants, parks, recreation and culture. Readers feedback and suggestions are welcome.



Franklin Fountain

116 Market Street

We know that summer is almost over, but before it gets too cold, we are headed back to Franklin Fountain for at least a few more scoops. This old-fashioned ice cream shop has so many great flavors, it is hard to choose just one. Our favorite sweet treat to share is the Franklin Mint Sundae, which consists of mint chip ice cream, vanilla bean ice cream, chocolate syrup, marshmallow glaze, crème de menthe, and whipped cream. We are getting hungry just writing about it!

In 2021, Franklin Fountain decided to “take a proactive and personal approach” to their annual philanthropy by donating \$2 from each sale of the Have a Heart Sundae to a different local organization based on staff suggestions. This sundae is made of strawberry and vanilla bean ice cream, strawberry compote, whipped cream, pink sprinkles and a single arrowroot cookie. We plan to try this one next time.

Stop by Monday through Thursday, 12 p.m. to 12 a.m.; Friday through Sunday, 11 a.m. to 12 a.m.; or place your order on GrubHub. Chillin’ treats will be delivered right to your door!



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*Source: American Academy of Allergy, Asthma and Immunology



Dr. Mark Posner (2022-2013), Dr. Eva Jakobovics (2022-2014),
Dr. Robert Anolik (2022-2017), Dr. Nora Lin (2022-2017),
Christine Malloy, MD (2022-2018), Annie Khuntia, MD (2022-2018),
Matthew Fogg, MD (2022-2018), Patrick Vannelli, MD (2022-2018),
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